

South Huron Trail Run  
 Overall Finish List  
 Exeter, ON June 26, 2014

5K

Place	Name	City	Gender	Age	Age Gr Place	Time	Pace
1	Mike Parle		M	21	1 Overall	17:26	3:29/K
2	Marcel Scheele	St Marys	M	14	1 M 0-19	18:51	3:46/K
3	Remco Scheele	St Marys	M	16	2 M 0-19	20:13	4:03/K
4	Julia Thomas	Ottawa	F	39	1 Overall	20:30	4:06/K
5	Garrett Martin	Ilderton	M	15	3 M 0-19	21:04	4:13/K
6	Cassandra Hinz	Mitchell	F	15	1 F 0-19	21:12	4:14/K
7	Nolan Silvester	London	M	10	4 M 0-19	21:29	4:18/K
8	Dylan Walton	Blyth	M	17	5 M 0-19	21:34	4:19/K
9	Kevin Garlick	London	M	51	1 M 50-59	22:40	4:32/K
10	Fragiskos Fragiskatos	Hensall	M	27	1 M 20-29	22:50	4:34/K
11	Dylan Kints	Exeter	M	12	6 M 0-19	23:03	4:37/K
12	Owen Gemmell	Kippen	M	11	7 M 0-19	23:11	4:38/K
13	Ben Marsh	Grand Bend	M	11	8 M 0-19	23:23	4:41/K
14	MacKenzie Martin	Ilderton	F	16	2 F 0-19	23:29	4:42/K
15	Gregg Blackler	St. Marys	M	39	1 M 30-39	23:37	4:43/K
16	Tim Martin		M	42	1 M 40-49	23:38	4:44/K
17	Darren Kints	Exeter	M	38	2 M 30-39	23:42	4:44/K
18	Rebecca Walker	Tavistock	F	25	1 F 20-29	23:49	4:46/K
19	Megan Verbeke	Exeter	F	20	2 F 20-29	23:56	4:47/K
20	Amanda Verbeke	Exeter	F	15	3 F 0-19	24:09	4:50/K
21	Pam Cummings	Nipawin	F	40	1 F 40-49	24:45	4:57/K
22	Lucy Sedlak	St Marys	F	50	1 F 50-59	25:16	5:03/K
23	Dave Lucas	St Mary's	M	38	3 M 30-39	25:22	5:04/K
24	Kim McLeod	Parkhill	F	43	2 F 40-49	25:36	5:07/K
25	Maureen Dow	London	F	54	2 F 50-59	26:17	5:15/K
26	Dan Veldman	Embro	M	51	2 M 50-59	26:26	5:17/K
27	Suzy Daws	Bayfield	F	36	1 F 30-39	26:28	5:18/K
28	Bonnie Martin	Ilderton	F	44	3 F 40-49	26:55	5:23/K
29	Wendy Callcott	St. Marys	F	37	2 F 30-39	27:02	5:24/K
30	Janet Thompson	Woodstock	F	64	1 F 60-69	27:07	5:25/K
31	Michael Kenny	Cambridge	M	38	4 M 30-39	27:14	5:27/K
32	Lesley Clark	London	F	21	3 F 20-29	27:16	5:27/K
33	Mikayla Dowler	Lucknow	F	13	4 F 0-19	27:18	5:28/K
34	Liz Sloan	London	F	48	4 F 40-49	27:19	5:28/K
35	Krista Gingerich	Exeter	F	40	5 F 40-49	27:25	5:29/K
36	Beth Nicholson	Pickering	F	60	2 F 60-69	27:29	5:30/K
37	Jason O'Young	London	M	31	5 M 30-39	27:32	5:30/K
38	Robin Hammond	Hensall	F	26	4 F 20-29	27:56	5:35/K
39	Megan Veldman	Embro	F	23	5 F 20-29	28:17	5:39/K
40	Laura Marsh	Grand Bend	F	47	6 F 40-49	28:20	5:40/K
41	Mary Haberer	Exeter	F	29	6 F 20-29	28:22	5:40/K

42	Michelle Hansen	Exeter	F	40	7 F 40-49	28:27	5:41/K
43	Rebecca Clothier	Granton	F	40	8 F 40-49	29:00	5:48/K
44	Veronica Silvester	London	F	12	5 F 0-19	29:10	5:50/K
45	Mike Thompson	Woodstock	M	19	9 M 0-19	29:12	5:50/K
46	Wanda Silvester	London	F	41	9 F 40-49	29:29	5:54/K
47	Rob Vincent		M	45	2 M 40-49	29:34	5:55/K
48	Jane Johnson	Exeter	F	37	3 F 30-39	29:42	5:56/K
49	Charlie Peterson	Stratford	M	68	1 M 60-69	29:42	5:56/K
50	Leanne Gemmell	Kippen	F	41	10 F 40-49	29:48	5:58/K
51	Melissa Dean	Toronto	F	35	4 F 30-39	30:04	6:01/K
52	Michelle Zwart	Exeter	F	32	5 F 30-39	30:04	6:01/K
53	Brooklyn Rau	Exeter	F	13	6 F 0-19	30:25	6:05/K
54	Dorie Scheffler	Dorchester	F	60	3 F 60-69	30:37	6:07/K
55	Holly Blommaert	Exeter	F	31	6 F 30-39	30:45	6:09/K
56	Jackie Curry	Dorchester	F	36	7 F 30-39	30:49	6:10/K
57	Ashlyn Johnson	London	F	23	7 F 20-29	30:56	6:11/K
58	Roger Chang	London	M	45	3 M 40-49	31:06	6:13/K
59	Sylvie Lucas	St Mary's	F	39	8 F 30-39	31:14	6:15/K
60	Julie Mann	Lucknow	F	36	9 F 30-39	31:46	6:21/K
61	Hanson Wayne		M	49	4 M 40-49	31:50	6:22/K
62	Kendra Hopper	Lucknow	F	35	10 F 30-39	32:01	6:24/K
63	Carter Cadman	Parkhill	M	12	10 M 0-19	32:07	6:25/K
64	Ida De Bruin	St. Marys	F	42	11 F 40-49	32:10	6:26/K
65	Erica Vanden Hoven	Seaforth	F	28	8 F 20-29	32:15	6:27/K
66	Debbie Garlick	London	F	52	3 F 50-59	32:16	6:27/K
67	Julia Difrancesco	Exeter	F	29	9 F 20-29	32:35	6:31/K
68	Annie Vanmaar	Goderich	F	28	10 F 20-29	32:41	6:32/K
69	Suzanne Peterson	Stratford	F	43	12 F 40-49	33:05	6:37/K
70	Matthew Look		M	29	2 M 20-29	33:11	6:38/K
71	Rachel Look		F	26	11 F 20-29	33:11	6:38/K
72	Don McIntosh	St. Marys	M	62	2 M 60-69	33:21	6:40/K
73	Julie Wiseman	Strathroy	F	37	11 F 30-39	33:40	6:44/K
74	Kalan Lynn	London	F	27	12 F 20-29	33:40	6:44/K
75	Amy Boersma	Exeter	F	36	12 F 30-39	33:41	6:44/K
76	Lori Szwarc	Grand Bend	F	61	4 F 60-69	33:52	6:46/K
77	Karen Timmermans	Parkhill	F	55	4 F 50-59	33:53	6:47/K
78	Wanda Marshall	Blyth	F	50	5 F 50-59	35:14	7:03/K
79	Beth Hansen		F	13	7 F 0-19	35:16	7:03/K
80	Angela Peeters	Zurich	F	35	13 F 30-39	35:34	7:07/K
81	Patti Clark	London	F	49	13 F 40-49	37:20	7:28/K
82	Laurie Dolmage	Seaforth	F	49	14 F 40-49	38:14	7:39/K
83	Jayla Porter	Ailsa Craig	F	10	8 F 0-19	38:22	7:40/K
84	Jodie Olver	London	F	35	14 F 30-39	38:36	7:43/K
85	Hailey Cadman	Parkhill	F	11	9 F 0-19	38:45	7:45/K
86	Dorissa Daoust	London	F	55	6 F 50-59	39:09	7:50/K
87	Ronald Downey	Woodstock	M	30	6 M 30-39	40:05	8:01/K
88	Dianne McFadzean	Seaforth	F	57	7 F 50-59	41:01	8:12/K

89	Addy Watt	Mitchell	F	36	15 F 30-39	42:39	8:32/K
90	Mandy Wilkinson	Dashwood	F	34	16 F 30-39	42:52	8:34/K
91	Amy Cadman	Parkhill	F	39	17 F 30-39	42:52	8:34/K
92	Veronica Anderson	Dublin	F	29	13 F 20-29	43:16	8:39/K
93	Tassi Edwards	Walton	F	27	14 F 20-29	43:16	8:39/K
94	Tammy Jeffery-Larder	Ingersoll	F	46	15 F 40-49	43:22	8:40/K
95	Harold Burgin	St Marys	M	75	1 M 70-98	52:29	10:30/K
96	Margaret Whittaker	Brampton	F	62	5 F 60-69	1:02:35	12:31/K

#### 8K run

Place	Name	City	Gender	Age	Age Group Place	Time	Pace
1	Seth Marcaccio	London	M	19	1 Overall	26:47	3:21/K
2	Joshua Heuving	London	M	20	2 Overall	30:11	3:46/K
3	Rhys Desmond	London	M	17	3 Overall	31:16	3:55/K
4	Matt Chalmers	Blyth	M	21	1 M 20-29	32:26	4:03/K
5	Mary Thompson	Woodstock	F	26	1 Overall	33:04	4:08/K
6	Gerald Kodde	Arnhemuiden Netherlands	O M	41	1 Masters	33:43	4:13/K
7	Luke Shephard	Clinton	M	42	1 M 40-49	33:53	4:14/K
8	Dave Boersma	Exeter ON	M	42	2 M 40-49	33:57	4:15/K
9	Brian Hagemeyer	London	M	43	3 M 40-49	33:59	4:15/K
10	Chris Henricks	London	M	43	4 M 40-49	34:11	4:16/K
11	Todd Chisholm	Seaforth	M	48	5 M 40-49	34:39	4:20/K
12	Chris Daws	Bayfield	M	51	1 Grand	34:40	4:20/K
13	John McDaid	Ingersoll	M	52	1 M 50-59	35:07	4:23/K
14	Tyler Riehl	Stratford	M	24	2 M 20-29	35:17	4:25/K
15	Gavin Snell	Exeter ON	M	38	1 M 30-39	35:24	4:26/K
16	Dan Vanderlaan	Exeter ON	M	40	6 M 40-49	35:24	4:26/K
17	Matthew Pierre	London	M	30	2 M 30-39	35:35	4:27/K
18	Ron Voakes	St Thomas	M	56	2 M 50-59	35:44	4:28/K
19	Hubertus Haccius	Dashwood	M	61	1 M 60-69	35:49	4:29/K
20	Quinton Mol	Alma	F	20	2 Overall	36:05	4:31/K
21	Danny Pacifico	London	M	33	3 M 30-39	36:15	4:32/K
22	Mary Sunstrum	London	F	30	3 Overall	36:39	4:35/K
23	Jason Poole	Woodstock	M	26	3 M 20-29	36:54	4:37/K
24	Johan Kodde	Arnhemuiden Netherlands	M	48	7 M 40-49	37:16	4:40/K
25	Stacy Denunzio	Goderich	M	35	4 M 30-39	37:27	4:41/K
26	Ben Armstrong	Exeter ON	M	38	5 M 30-39	37:35	4:42/K
27	Maggie Kienapple	Kenilworth	F	37	1 F 30-39	37:36	4:42/K
28	Jamie Gibb	Stratford	M	50	3 M 50-59	37:42	4:43/K
29	Chad McCallum	Brussels	M	35	6 M 30-39	37:53	4:44/K
30	Brenda Branderhorst	Hensall	F	43	1 Masters	37:54	4:44/K
31	Matt Strano	Ilderton	M	38	7 M 30-39	38:59	4:52/K
32	Adam Nyp	Woodstock	M	32	8 M 30-39	39:10	4:54/K
33	John Buchanan	London	M	59	4 M 50-59	39:24	4:56/K
34	Deb Oke	Exeter	F	44	1 F 40-49	39:53	4:59/K
35	Dan Snell	Scarborough	M	33	9 M 30-39	40:18	5:02/K
36	Caleb McLeod	Hensall	M	34	10 M 30-39	40:40	5:05/K

37	Denise Ritchie	London	F	29	1 F 20-29	40:41	5:05/K
38	Raymond Labelle	Grand Bend	M	53	5 M 50-59	40:46	5:06/K
39	Jean-Paul Mouton	London	M	34	11 M 30-39	40:47	5:06/K
40	Shelley Shephard	Clinton	F	41	2 F 40-49	41:09	5:09/K
41	Brent Lord	Kitchener	M	25	4 M 20-29	41:13	5:09/K
42	Brad MacDougall	London	M	39	12 M 30-39	41:16	5:10/K
43	Todd Melvin		M	36	13 M 30-39	41:29	5:11/K
44	Hilary Warren	London	F	21	2 F 20-29	41:36	5:12/K
45	Erika Mero	Seaforth	F	27	3 F 20-29	41:41	5:13/K
46	Colleen Janmaat	Seaforth	F	49	3 F 40-49	41:41	5:13/K
47	Tricia Denunzio	Goderich	F	32	2 F 30-39	41:42	5:13/K
48	Chuck Edwards	London	M	68	2 M 60-69	41:52	5:14/K
49	Rhonda Kerr	Komoka	F	43	4 F 40-49	42:11	5:16/K
50	Chelsea Johnson	London	F	25	4 F 20-29	42:52	5:22/K
51	Patty Relouw	Grand Bend	F	45	5 F 40-49	43:31	5:26/K
52	Fragkor Fragisilater		M	27	5 M 20-29	43:31	5:26/K
53	Christine Baker	Mitchell	F	54	1 Grand	44:12	5:32/K
54	Jantje Scheele	St Marys	F	46	6 F 40-49	44:35	5:34/K
55	Patricia Beuermann	Brussels	F	33	3 F 30-39	44:50	5:36/K
56	Bonnie Janmaat	Seaforth	F	57	1 F 50-59	44:51	5:36/K
57	Curtis Vander Hyden	Granton	M	30	14 M 30-39	45:33	5:42/K
58	Jenn Allen	Mount Brydges	F	27	5 F 20-29	45:34	5:42/K
59	Tristan Relouw	Grand Bend	F	15	1 F 0-19	45:41	5:43/K
60	Kieran Morrison	London	M	14	1 M 0-19	45:57	5:45/K
61	Ken Morrison	London	M	50	6 M 50-59	45:57	5:45/K
62	Hayley Snell	Toronto	F	35	4 F 30-39	46:11	5:46/K
63	Cathy Hulley	Seaforth	F	56	2 F 50-59	46:20	5:48/K
64	Laura Blackmore	Goderich	F	37	5 F 30-39	47:19	5:55/K
65	Keith Kwaw		M	51	7 M 50-59	47:22	5:55/K
66	Abby Bos	Blyth	F	10	2 F 0-19	47:58	6:00/K
67	Sandra Bos	Blyth	F	35	6 F 30-39	48:03	6:00/K
68	Suzanne Mathers	Exeter	F	50	3 F 50-59	48:24	6:03/K
69	Karla Dixon	London	F	47	7 F 40-49	48:49	6:06/K
70	Angela Balcom	Strathroy	F	38	7 F 30-39	49:08	6:09/K
71	Laura Bilcke	Centralia	F	28	6 F 20-29	49:53	6:14/K
72	Mary McQuillan	London	F	56	4 F 50-59	49:54	6:14/K
73	Dan Roehler	Kansas City	M	61	3 M 60-69	50:22	6:18/K
74	Charlotte Henry	Norwich	F	36	8 F 30-39	51:09	6:24/K
75	Steffen Kampe	St. Thomas	M	77	1 M 70-98	51:57	6:30/K
76	Barry Arnott	Forest	M	66	4 M 60-69	51:57	6:30/K
77	Dymphie Veens	Seaforth	F	56	5 F 50-59	52:25	6:33/K
78	Barb Caldwell	Kippen	F	56	6 F 50-59	52:27	6:33/K
79	John Black	London	M	58	8 M 50-59	52:39	6:35/K
80	Carol Venn	St. Marys	F	42	8 F 40-49	52:53	6:37/K
81	Elizabeth O'Rourke	Mitchell	F	42	9 F 40-49	53:03	6:38/K
82	Esther Vander Hyden	Granton	F	51	7 F 50-59	54:00	6:45/K
83	Lucia Schatteleyn	Bayfield	F	68	1 F 60-69	55:28	6:56/K

84	Cheri Hoggart	Mitchell	F	41	10 F 40-49	55:49	6:59/K
85	Erma Weernink	Bayfield	F	48	11 F 40-49	55:58	7:00/K
86	Jon Desenberg		M	80	2 M 70-98	1:03:09	7:54/K
87	Paula Daoust	Kansas City	F	60	2 F 60-69	1:05:54	8:14/K
88*	Melissa Light		F	39	9 F 30-39	1:54:43	14:20/K
89*	Dana Knight	Dresden	F	40	12 F 40-49	1:54:50	14:21/K

\* much farther than 8K - went off course

#### Kids run

Place	Name	City	Gender	Age	Age Group	Place	Time	Pace
1	Evan O'Rourke	Mitchell	M	9	1 M 0-9		01:40	4:10/K
2	Cayden Cummings	Nipawin	M	8	2 M 0-9		01:46	4:25/K
3	Sebastian Thomas-Harvey	Ottawa	M	7	3 M 0-9		01:47	4:28/K
4	Noel Gosleigh		M	8	4 M 0-9		01:49	4:33/K
5	Emma Strano	Ilderton	F	8	1 F 0-9		02:00	5:00/K
6	Kylee Strano	Ilderton	F	6	2 F 0-9		02:03	5:08/K
7	Sarah O'Rourke	Mitchell	F	7	3 F 0-9		02:05	5:13/K
8	James Shelswell		M	6	5 M 0-9		02:23	5:58/K
9	Jackson Kints	Exeter	M	6	6 M 0-9		02:24	6:00/K
10	Madelyn Peeters	Zurich	F	6	4 F 0-9		02:28	6:10/K
11	Carter Peeters		M	4	7 M 0-9		02:53	7:13/K
12	Callie Cummings	Nipawin	F	6	5 F 0-9		03:10	7:55/K
13	Fletcher Daws	Bayfield	M	5	8 M 0-9		03:12	8:00/K
14	Morley Brooklynn		F	3	6 F 0-9		03:22	8:25/K
15	Emily Peeters	Zurich	F	4	7 F 0-9		03:23	8:28/K
16	Colt Olver		M	3	9 M 0-9		03:27	8:38/K
17	Nigel Thomas-Harvey	Ottawa	M	5	10 M 0-9		03:42	9:15/K