

MEC London Race 1

Overall Finish List

23-Mar-13

5K

| Place | Name | City | Bib No | Gender | Time | Pace |
|-------|---------------------|------------|--------|--------|-------|--------|
| 1 | Matt Kyle | London | 4745 | M | 19:42 | 3:56/K |
| 2 | Stevie Blankenship | Aylmer | 4731 | M | 20:09 | 4:02/K |
| 3 | Spencer Summerfield | London | 4720 | M | 20:20 | 4:04/K |
| 4 | Bob Kerr | Dorchester | 4725 | M | 20:46 | 4:09/K |
| 5 | Rick Luiting | St Thomas | 4722 | M | 23:38 | 4:44/K |
| 6 | Jessica Luiting | St Thomas | 4721 | F | 24:35 | 4:55/K |
| 7 | Glenn Rutherford | London | 4736 | M | 24:45 | 4:57/K |
| 8 | Andre Kaniuk | London | 4733 | M | 25:00 | 5:00/K |
| 9 | Christopher Thorne | Kerwood | 4742 | M | 25:15 | 5:03/K |
| 10 | Nate McCormack | London | 4740 | M | 26:22 | 5:16/K |
| 11 | Amy Kerr | Dorchester | 4724 | F | 26:24 | 5:17/K |
| 12 | Nicole Fritz | London | 4727 | F | 26:49 | 5:22/K |
| 13 | Radu Venter | London | 4726 | M | 27:01 | 5:24/K |
| 14 | Dan Veldman | Embro | 4715 | M | 27:48 | 5:34/K |
| 15 | Louise Moriarity | London | 4767 | F | 27:51 | 5:34/K |
| 16 | Geoffrey McMurray | London | 4718 | M | 28:07 | 5:37/K |
| 17 | Caitlin Herold | Toronto | 4739 | F | 28:08 | 5:38/K |
| 18 | Steven Bergeron | | 4758 | M | 28:10 | 5:38/K |
| 19 | Jim Bergeron | London | 4716 | M | 28:15 | 5:39/K |
| 20 | Maggie McCormack | London | 4741 | F | 28:25 | 5:41/K |
| 21 | Kirsten Murray | London | 4730 | F | 28:53 | 5:47/K |
| 22 | Jane Upfold | London | 4732 | F | 29:39 | 5:56/K |
| 23 | Sarah Mann | St. Thomas | 4719 | F | 30:02 | 6:00/K |
| 24 | Jennifer MacDonald | London | 4757 | F | 30:10 | 6:02/K |
| 25 | Diana Tran | London | 4753 | F | 30:11 | 6:02/K |
| 26 | Reba MacDonald | London | 4746 | F | 30:15 | 6:03/K |
| 27 | Jennifer Snary | London | 4750 | F | 30:28 | 6:06/K |
| 28 | Sherry Rawlings | St Thomas | 4728 | F | 30:45 | 6:09/K |
| 29 | David Hinton | Strathroy | 4734 | M | 30:58 | 6:12/K |
| 30 | Cathy Quinlan | London | 4765 | F | 31:10 | 6:14/K |
| 31 | Mary Ann McCoy | London | 4764 | F | 31:11 | 6:14/K |
| 32 | Karen Gooder | London | 4766 | F | 31:12 | 6:14/K |
| 33 | Grace Hutton | London | 6208 | F | 31:23 | 6:17/K |
| 34 | Nada Tabbara | London | 6209 | F | 31:23 | 6:17/K |
| 35 | Nadia McLennan | London | 4754 | F | 31:25 | 6:17/K |
| 36 | William O'Brien | St. Thomas | 4755 | M | 31:25 | 6:17/K |
| 37 | Jamie O'brien | St. Thomas | 4756 | M | 31:25 | 6:17/K |
| 38 | Erika Jakubowski | London | 4738 | F | 31:28 | 6:18/K |

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|----|------------------|--------|------|---|-------|--------|
| 39 | Daniel McKay | London | 4735 | M | 31:35 | 6:19/K |
| 40 | Kyle Reid | | 4763 | M | 32:09 | 6:26/K |
| 41 | Meghan Reid | Guelph | 4737 | F | 32:09 | 6:26/K |
| 42 | Sarah | | 4762 | F | 32:10 | 6:26/K |
| 43 | Jeremy Berdan | London | 4760 | M | 32:11 | 6:26/K |
| 44 | Rachel Berdan | London | 4761 | F | 32:12 | 6:26/K |
| 45 | Danica Parsons | London | 4752 | F | 33:29 | 6:42/K |
| 46 | Cynthia Beaver | Exeter | 4723 | F | 34:42 | 6:56/K |
| 47 | Alison McLachlan | London | 4751 | F | 41:51 | 8:22/K |
| 48 | Cathy Frenette | London | 4748 | F | 45:03 | 9:01/K |

10K

| Place | Name | City | Bib No | Gender | Time | Pace |
|-------|-------------------|-----------|--------|--------|---------|--------|
| 1 | Ryan Nutbrown | London | 6229 | M | 39:17 | 3:56/K |
| 2 | Ian Hillis | London | 6213 | M | 39:31 | 3:57/K |
| 3 | Brady Hillis | London | 6211 | M | 40:20 | 4:02/K |
| 4 | Darryl Thiessen | Aylmer | 6204 | M | 45:42 | 4:34/K |
| 5 | James Delodder | Woodstock | 6205 | M | 46:01 | 4:36/K |
| 6 | Mark Fenton | london | 6221 | M | 46:11 | 4:37/K |
| 7 | Matthew Knapp | london | 6234 | M | 48:01 | 4:48/K |
| 8 | Justin Deluce | | 6230 | M | 48:23 | 4:50/K |
| 9 | Titus Ferguson | london | 6223 | M | 49:08 | 4:55/K |
| 10 | Cheryl Scollard | London | 6212 | F | 50:06 | 5:01/K |
| 11 | Donna Kraft | London | 6227 | F | 50:06 | 5:01/K |
| 12 | Katie Hillis | London | 6202 | F | 50:59 | 5:06/K |
| 13 | Delaney Brown | London | 6224 | F | 51:05 | 5:07/K |
| 14 | Jocelyn Davies | London | 6233 | F | 51:24 | 5:08/K |
| 15 | Vera MacKenzie | Kitchener | 6207 | F | 51:24 | 5:08/K |
| 16 | Genevieve Arnaud | London | 6214 | F | 52:49 | 5:17/K |
| 17 | Robin Schreader | camlachie | 6216 | M | 53:34 | 5:21/K |
| 18 | Lily Keightley | | 6225 | F | 54:55 | 5:30/K |
| 19 | Danny Murphy | | 6231 | M | 55:25 | 5:33/K |
| 20 | Corey Shelson | London | 6232 | M | 55:39 | 5:34/K |
| 21 | Allison Pilon | London | 6215 | F | 56:15 | 5:38/K |
| 22 | Tammy Bonilla | Ilderton | 6203 | F | 58:25 | 5:51/K |
| 23 | Michael Gilliland | London | 6222 | M | 59:10 | 5:55/K |
| 24 | Jenn Knoll | London | 6218 | F | 1:02:29 | 6:15/K |