

MEC Race #4
Overall Finish List
December 01, 2013

5K

Place	Name	City	Time	Pace
1	Mark Koopman	London	18:51	3:46/K
2	Albano Castanha	London	18:59	3:48/K
3	Kevin Garlick	London	21:43	4:21/K
4	Paul Magill	Woodstock	24:45	4:57/K
5	Emma Fenton	London	25:06	5:01/K
6	Joseph Fenton		25:06	5:01/K
7	Tegan Kasperavicius	London	25:31	5:06/K
8	Jenica Kasperavicius		25:43	5:09/K
9	Denise Ritchie	London	25:45	5:09/K
10	Adam Blacklock	London	25:49	5:10/K
11	Jean-Paul Mouton	London	26:03	5:13/K
12	Ed Clarke		28:14	5:39/K
13	Dianne Stephens		28:35	5:43/K
14	Nate McCormack		28:38	5:44/K
15	Katie Davies	Thamesford	28:40	5:44/K
16	Lucy Hinton	London	29:23	5:53/K
17	Maggie McCormack	London	29:41	5:56/K
18	Rob Dains		29:48	5:58/K
19	Dana Starling	London	29:52	5:58/K
20	Todd Desilva	London	30:40	6:08/K
21	Eillean MacFadden	London	31:03	6:13/K
22	Hilary Warren	London	32:03	6:25/K
23	Gary Magill	London	32:50	6:34/K
24	Rajesh Chopra	London	33:55	6:47/K
25	Jiwanjot Singh	London	33:57	6:47/K
26	Jennifer Carr	London	34:46	6:57/K
27	Alison McLachlan	London	40:20	8:04/K
28	Lindsey Gray		45:22	9:04/K
29	Cathy Frenette	London	48:48	9:46/K

10K

Place	Name	City	Time	Pace
1	Mike Cooke	London	38:24	3:50/K
2	Biemnet Mengis	London	39:20	3:56/K
3	Mark Fenton	London	43:45	4:23/K
4	Richard Young	London	44:08	4:25/K
5	William Lin	London	45:31	4:33/K
6	Liza Martini	London	45:40	4:34/K

7	Julia Heos	London	47:02	4:42/K
8	Christine Dirks	London	47:55	4:48/K
9	Lauren Burdick	London	48:18	4:50/K
10	Delaney Brown	London	48:26	4:51/K
11	Participant 6434		50:37	5:04/K
12	Kim Pidcock	London	50:50	5:05/K
13	Rachel Berdan	London	51:03	5:06/K
14	Bill Burdick	London	55:43	5:34/K
15	Debbie Obokata	London	56:02	5:36/K
16	Betty Dains		57:29	5:45/K
17	Lauren Martin	Stratford	57:30	5:45/K
18	Stephanie Rabenstein	London	57:45	5:47/K
19	Inella Efford-Gibbons		58:50	5:53/K
20	Denise Brunsdon	London	59:18	5:56/K
21	Jane Upfold	London	1:01:25	6:09/K
22	Ella Gonzales	Pickering	1:03:19	6:20/K
23	Harold Berger	St Thomas	1:04:42	6:28/K
24	Maria Dombrowsky	Guelph	1:07:32	6:45/K