

**Friends of the Pinery
Overall Finish List
October 20, 2013**

5K

Place	Name	City	Gender	Age	Age Group Place	Time	Pace
1	Jordan Kadlecik	Grand Bend	M	20	1 Overall	16:34	3:19/K
2	Brad Sheeler	Strathroy	M	14	2 Overall	17:49	3:34/K
3	Jeff Vanden Hoven	London	M	28	3 Overall	18:07	3:37/K
4	Jon Brooks	St Marys	M	24	1 M 20-24	18:48	3:46/K
5	Emerson Ross	Ailsa Craig	M	24	2 M 20-24	19:06	3:49/K
6	Stephen Connor	London	M	54	1 M 50-54	19:22	3:52/K
7	Jordan Deboer	Londesborough	M	16	1 M 13-19	19:46	3:57/K
8	Joshua Juhnke	Dashwood	M	17	2 M 13-19	19:56	3:59/K
9	Rich Vanden Hoven	London	M	34	1 M 30-34	19:59	4:00/K
10	Gary Bridge		M	38	1 M 35-39	20:34	4:07/K
11	Michael Donkers	Arva	M	18	3 M 13-19	21:07	4:13/K
12	Tyler Richl		M	24	3 M 20-24	21:16	4:15/K
13	Chloe Middegaal	Londesborough	F	17	1 Overall	21:23	4:17/K
14	Sean Pynaert	Brights Grove	M	40	1 M 40-44	21:40	4:20/K
15	Dylan Walton	Blyth	M	16	4 M 13-19	21:41	4:20/K
16	Grace Burns	Strathroy	F	11	2 Overall	21:41	4:20/K
17	Brendon Danby	Ilderton	M	28	1 M 25-29	21:42	4:20/K
18	Hubertus Haccius	Dashwood	M	60	1 M 60-64	21:45	4:21/K
19	Mike Craig	Stratford	M	44	2 M 40-44	22:01	4:24/K
20	Arnold Mantel	Princeton	M	55	1 M 55-59	22:07	4:25/K
21	Ron Godkin	Kirkton	M	48	1 M 45-49	22:09	4:26/K
22	Geoff Bergsma	London	M	31	2 M 30-34	22:10	4:26/K
23	Haydn Gibson	Lucknow	M	14	5 M 13-19	22:17	4:27/K
24	Kathy Annett	Toronto	F	37	3 Overall	22:21	4:28/K
25	Lynne Godkin	Kirkton	F	48	1 F 45-49	22:22	4:28/K
26	Ben Marsh	Grand Bend	M	11	1 M 0-12	22:38	4:32/K
27	Andrew Pache	Exeter	M	20	4 M 20-24	22:43	4:33/K
28	Dean Wilson		M	31	3 M 30-34	22:54	4:35/K
29	Mike Rahn	Grand Bend	M	53	2 M 50-54	23:14	4:39/K
30	Derek Gecas	Brantford	M	35	2 M 35-39	23:26	4:41/K
31	Greg Blackler		M	38	3 M 35-39	23:26	4:41/K
32	Kyle Mathers	Grand Bend	M	15	6 M 13-19	23:31	4:42/K
33	Dan Burns	Stratford	M	23	5 M 20-24	23:36	4:43/K
34	Owen Gemmell	Kippen	M	10	2 M 0-12	23:37	4:43/K
35	Haley Gibson	Lucknow	F	11	1 F 0-12	23:38	4:44/K
36	Kennedy Todd	Stouffville	F	13	1 F 13-19	23:41	4:44/K
37	Priska Menzi	Mitchell	F	38	1 F 35-39	23:41	4:44/K
38	Nick Donker	Beachville	M	71	1 M 70-74	23:43	4:45/K
39	Tristan Relouw	Grand Bend	F	14	2 F 13-19	23:54	4:47/K
40	Paula MacKie	Wingham	F	49	2 F 45-49	23:55	4:47/K

41	Lauren Pavelich	Windsor	F	12	2 F 0-12	24:02	4:48/K
42	Cindy Lang	St.Marys	F	49	3 F 45-49	24:07	4:49/K
43	Chris Sageman	London	F	35	2 F 35-39	24:19	4:52/K
44	Jay Rahn	Grand Bend	M	31	4 M 30-34	24:22	4:52/K
45	Cam McLeod	Exeter	M	63	2 M 60-64	24:43	4:57/K
46	Steve Brooks	St Marys	M	28	2 M 25-29	25:11	5:02/K
47	Dan Veldman	Embro	M	50	3 M 50-54	25:14	5:03/K
48	Janet Thompson	Woodstock	F	63	1 F 60-64	25:27	5:05/K
49	Meghan Seaman	Stratford	F	29	1 F 25-29	25:29	5:06/K
50	Brigette Todd	Stouffville	F	44	1 F 40-44	25:31	5:06/K
51	Karlene Rummel	St. Thomas	F	28	2 F 25-29	25:33	5:07/K
52	Andrea McGrath Wheatle	Seaforth	F	35	3 F 35-39	25:35	5:07/K
53	Jane Spittal	Stratford	F	36	4 F 35-39	25:35	5:07/K
54	Ray Labelle	Grand Bend	M	52	4 M 50-54	25:40	5:08/K
55	Anselm Miranda	Brights Grove	M	31	5 M 30-34	25:41	5:08/K
56	Alison Brown	Listowel	F	30	1 F 30-34	25:42	5:08/K
57	Alyson Brulotte	Putnam	F	17	3 F 13-19	25:48	5:10/K
58	Patty Relouw	Grand Bend	F	45	4 F 45-49	25:51	5:10/K
59	Matt Rahn	Grand Bend	M	29	3 M 25-29	25:52	5:10/K
60	Heather Brulotte	Putnam	F	46	5 F 45-49	25:59	5:12/K
61	McKenna Dickey	Arkona	F	13	4 F 13-19	26:06	5:13/K
62	Victoria Wannamaker	London	F	13	5 F 13-19	26:06	5:13/K
63	Brendan Barrons	Sarnia	M	8	3 M 0-12	26:22	5:16/K
64	Owen Barkauskas		M	9	4 M 0-12	26:27	5:17/K
65	Charlotte Juhnke	Dashwood	F	8	3 F 0-12	26:29	5:18/K
66	Gord Johnson	Woodstock	M	35	4 M 35-39	26:34	5:19/K
67	Portia Jordan	Mitchell	F	30	2 F 30-34	26:39	5:20/K
68	Dan Sageman	Grand Bend	M	39	5 M 35-39	26:41	5:20/K
69	Marianne Rowland	Woodstock	F	29	3 F 25-29	26:45	5:21/K
70	Jeff Tudhope	London	M	30	6 M 30-34	26:47	5:21/K
71	Corinne Bos	Toronto	F	25	4 F 25-29	27:03	5:25/K
72	Matthew Recoskie	Goderich	M	12	5 M 0-12	27:07	5:25/K
73	Lara Mailloux	London	F	13	6 F 13-19	27:09	5:26/K
74	Matthew Ross	London	M	11	6 M 0-12	27:19	5:28/K
75	Phyllis Maertens	Aylmer	F	61	2 F 60-64	27:33	5:31/K
76	Jason Jones	Aylmer	M	25	4 M 25-29	27:33	5:31/K
77	Tanya Berendsen	St. Pauls	F	32	3 F 30-34	27:38	5:32/K
78	Tracy Van Dyk	Strathroy	F	39	5 F 35-39	27:44	5:33/K
79	Cali MacPherson	London	F	21	1 F 20-24	27:46	5:33/K
80	Liza Hay	Sarnia	F	33	4 F 30-34	27:51	5:34/K
81	Greg Blok	Egmondville	M	33	7 M 30-34	28:03	5:37/K
82	Ashlyn Jamieson	Petrolia	F	15	7 F 13-19	28:04	5:37/K
83	Ann Devries	Exeter	F	58	1 F 55-59	28:08	5:38/K
84	Charlie Peterson	Stratford	M	67	1 M 65-69	28:09	5:38/K
85	Jody Laporte		F	40	2 F 40-44	28:11	5:38/K
86	Carissa Desjardine	Exeter	F	27	5 F 25-29	28:18	5:40/K
87	Jessica Kwarciak	Grand Bend	F	16	8 F 13-19	28:20	5:40/K

88	Leanne Gemmell	Kippen	F	40	3 F 40-44	28:23	5:41/K
89	Gwen Kirkpatrick	Stratford	F	56	2 F 55-59	28:30	5:42/K
90	Patricia Smith	Belgrave	F	44	4 F 40-44	28:36	5:43/K
91	Tammy Dray	London	F	42	5 F 40-44	28:39	5:44/K
92	Niklas Juhnke	Dashwood	M	10	7 M 0-12	28:45	5:45/K
93	Michelle Zwart	Exeter	F	31	5 F 30-34	29:02	5:48/K
94	John Hamilton	Grand Bend	M	45	2 M 45-49	29:10	5:50/K
95	Elizabeth O'Rourke	Mitchell	F	41	6 F 40-44	29:16	5:51/K
96	Jackie Forbeck	Stratford	F	45	6 F 45-49	29:17	5:51/K
97	Nichole Harwood	St. Thomas	F	28	6 F 25-29	29:20	5:52/K
98	Theresa Burns	Stratford	F	52	1 F 50-54	29:25	5:53/K
99	Marianne Maertens	Aylmer	F	36	6 F 35-39	29:26	5:53/K
100	Brent Tomalty	Windsor	M	69	2 M 65-69	29:26	5:53/K
101	Karen Tripp	London	F	57	3 F 55-59	29:27	5:53/K
102	Jared Scott	Strathroy	M	16	7 M 13-19	29:28	5:54/K
103	Adam Sageman	Grand Bend	M	10	8 M 0-12	29:32	5:54/K
104	Ginnie Ruypers	Sarnia	F	51	2 F 50-54	29:40	5:56/K
105	Harold Burgin	St.Marys	M	74	2 M 70-74	29:41	5:56/K
106	Justin Cawston	Stratford	M	22	6 M 20-24	29:44	5:57/K
107	Cori Cameron	Strathroy	F	38	7 F 35-39	29:46	5:57/K
108	Daryl McColeman	Sarnia	M	49	3 M 45-49	29:52	5:58/K
109	Eden Relouw	Grand Bend	F	11	4 F 0-12	30:09	6:02/K
110	Tanya Laporte		F	34	6 F 30-34	30:10	6:02/K
111	Allan Ball	Goderich	M	39	6 M 35-39	30:22	6:04/K
112	Kaite Howard	Lucan	F	32	7 F 30-34	30:24	6:05/K
113	Jaclyn MacPherson	London	F	23	2 F 20-24	30:27	6:05/K
114	Troy Lavier	Grand Bend	M	28	5 M 25-29	30:32	6:06/K
115	Donna Martin	Stratford	F	31	8 F 30-34	30:39	6:08/K
116	Pat Morden	Grand Bend	F	58	4 F 55-59	30:45	6:09/K
117	Max Morden	Grand Bend	M	65	3 M 65-69	30:46	6:09/K
118	Roxanne Wonnacott	Petrolia	F	48	7 F 45-49	31:04	6:13/K
119	Angela Schneider	Goderich	F	45	8 F 45-49	31:09	6:14/K
120	Martin Donkers	Arva	M	47	4 M 45-49	31:11	6:14/K
121	Colleen Overholt	Exeter	F	46	9 F 45-49	31:14	6:15/K
122	Amy Boersma	Exeter	F	35	8 F 35-39	31:19	6:16/K
123	Suzanne Elliott	Mitchell	F	49	10 F 45-49	31:21	6:16/K
124	Julia Stevens	Harrow	F	54	3 F 50-54	31:23	6:17/K
125	John Fodor	London	M	49	5 M 45-49	31:26	6:17/K
126	Jilleana Poortinga	Woodham	F	33	9 F 30-34	31:30	6:18/K
127	Steele Heathcote	Grand Bend	M	14	8 M 13-19	31:32	6:18/K
128	Ashley Kwarciak	Grand Bend	F	17	9 F 13-19	31:34	6:19/K
129	Pat Foto	London	F	49	11 F 45-49	31:34	6:19/K
130	Tara Bedard		F	37	9 F 35-39	31:34	6:19/K
131	Richard Adkin		M	39	7 M 35-39	31:35	6:19/K
132	Meghan McCann	Exeter	F	22	3 F 20-24	31:37	6:19/K
133	Brooke Wushke	Exeter	F	22	4 F 20-24	31:37	6:19/K
134	Patti McCahill	Sarnia	F	58	5 F 55-59	31:45	6:21/K

135	Allison Fish	Ilderton	F	30	10 F 30-34	31:51	6:22/K
136	Barb Esdaile	Komoka	F	48	12 F 45-49	31:54	6:23/K
137	Lisa Smith	Wallaceburg	F	48	13 F 45-49	31:55	6:23/K
138	Kaiya Daly	Brantford	F	11	5 F 0-12	31:55	6:23/K
139	Darcy Daly	Brantford	M	38	8 M 35-39	31:56	6:23/K
140	Mary Louwagie	Mitchell	F	49	14 F 45-49	32:00	6:24/K
141	Don McIntosh	St. Marys	M	61	3 M 60-64	32:03	6:25/K
142	Rebecca Tudhope	London	F	27	7 F 25-29	32:06	6:25/K
143	Sheila Ross	London	F	40	7 F 40-44	32:20	6:28/K
144	Lucas Jacklin	Blyth	M	8	9 M 0-12	32:26	6:29/K
145	Kandice Jacklin	Blyth	F	33	11 F 30-34	32:27	6:29/K
146	Jana Brooks	St Marys	F	25	8 F 25-29	32:36	6:31/K
147	Sharon Louwagie	Mitchell	F	48	15 F 45-49	32:40	6:32/K
148	Andrew Promaine	Penetanguishene	M	43	3 M 40-44	32:42	6:32/K
149	Kristina Kostuk	Penetanguishene	F	37	10 F 35-39	32:43	6:33/K
150	Sheila Berdan	London	F	46	16 F 45-49	32:48	6:34/K
151	Sheila Vanderlaan	Exeter	F	39	11 F 35-39	32:51	6:34/K
152	Deborah Campbell	Forest	F	52	4 F 50-54	32:52	6:34/K
153	Milah Jamieson	Petrolia	F	11	6 F 0-12	32:53	6:35/K
154	Tina Mailloux	London	F	44	8 F 40-44	33:10	6:38/K
155	Wanda Marshall	Blyth	F	49	17 F 45-49	33:11	6:38/K
156	Justin Malott	Stratford	M	6	10 M 0-12	33:15	6:39/K
157	Calvin Karnot	Windsor	M	25	6 M 25-29	33:16	6:39/K
158	Kristen Gamble	Strathroy	F	24	5 F 20-24	33:22	6:40/K
159	Diana Gamble	Strathroy	F	55	6 F 55-59	33:22	6:40/K
160	Lori Szwarc	Grand Bend	F	61	3 F 60-64	33:29	6:42/K
161	Michelle Clement	Tecumseh	F	53	5 F 50-54	33:36	6:43/K
162	Glen Gibson	Lucknow	M	46	6 M 45-49	33:43	6:45/K
163	Jennifer Daly	Brantford	F	40	9 F 40-44	34:00	6:48/K
164	Jaime Daly	Brantford	F	10	7 F 0-12	34:00	6:48/K
165	Michele Shugg	Kitchener	F	47	18 F 45-49	34:17	6:51/K
166	Krista Phillips	Windsor	F	36	12 F 35-39	34:19	6:52/K
167	Karen Jones	St. Thomas	F	27	9 F 25-29	34:25	6:53/K
168	Cheryl Coordes	London	F	22	6 F 20-24	34:28	6:54/K
169	Karly Farnham	London	F	29	10 F 25-29	34:28	6:54/K
170	Mike Coordes	London	M	18	9 M 13-19	34:29	6:54/K
171	Valerie Cook	Forest	F	29	11 F 25-29	34:33	6:55/K
172	Janet Boychuk	London	F	48	19 F 45-49	34:36	6:55/K
173	Megan Maenpaa	Windsor	F	25	12 F 25-29	34:39	6:56/K
174	Sandra Hessels		F	41	10 F 40-44	34:41	6:56/K
175	Kaitlyn Mather		F	11	8 F 0-12	34:50	6:58/K
176	Jeff Mathess		M	43	4 M 40-44	34:51	6:58/K
177	Seth Lang	St.Marys	M	12	11 M 0-12	34:53	6:59/K
178	Jason Arnott	Woodstock	M	41	5 M 40-44	35:34	7:07/K
179	Nicole Maenpaa	Windsor	F	28	13 F 25-29	35:49	7:10/K
180	Barb Smith	Exeter	F	48	20 F 45-49	36:00	7:12/K
181	Marg Anderson	Londesboro	F	56	7 F 55-59	36:01	7:12/K

182	Melissa McKerlie	Stratford	F	44	11 F 40-44	36:05	7:13/K
183	Brad Rahn	Grand Bend	M	26	7 M 25-29	36:06	7:13/K
184	Shayna Kelders		F	16	10 F 13-19	36:06	7:13/K
185	Eileen Boucher	Montreal	F	71	1 F 70-74	36:15	7:15/K
186	Quin Malott	Stratford	M	45	7 M 45-49	36:32	7:18/K
187	Jacqueline Scott	Strathroy	F	46	21 F 45-49	37:00	7:24/K
188	Sarah Vint		F	33	12 F 30-34	37:05	7:25/K
189	Justine Frayne-Streenst	Dashwood	F	33	13 F 30-34	37:06	7:25/K
190	Tina Bax	London	F	44	12 F 40-44	37:17	7:27/K
191	Tammy Witcher	Corunna	F	37	13 F 35-39	37:18	7:28/K
192	Brenden Doogan		M	9	12 M 0-12	37:28	7:30/K
193	Kim Doogan		F	46	22 F 45-49	37:29	7:30/K
194	Erin Sageman	Grand Bend	F	39	14 F 35-39	38:04	7:37/K
195	Karen Schram	Grand Bend	F	45	23 F 45-49	38:05	7:37/K
196	Laurie Dolmage	Seaforth	F	49	24 F 45-49	38:07	7:37/K
197	Cindy Jarvis	Brussels	F	36	15 F 35-39	38:11	7:38/K
198	Susan Jefferson	Arkona	F	58	8 F 55-59	38:34	7:43/K
199	Laurie Smith	Camlachie	F	57	9 F 55-59	39:21	7:52/K
200	Cynthia McColeman	Sarnia	F	49	25 F 45-49	40:01	8:00/K
201	Teresa Johnson	Watford	F	35	16 F 35-39	40:35	8:07/K
202	Dennis Johnson	Watford	M	35	9 M 35-39	40:35	8:07/K
203	Jack Pavelich	Windsor	M	10	13 M 0-12	40:48	8:10/K
204	Laurie McCormack	Sarnia	F	54	6 F 50-54	41:11	8:14/K
205	Emily Swick		F	10	9 F 0-12	41:13	8:15/K
206	Christy Pavelich	Windsor	F	43	13 F 40-44	41:22	8:16/K
207	Greg Pavelich	Windsor	M	46	8 M 45-49	41:23	8:17/K
208	Caroline Feddes		F	29	14 F 25-29	41:30	8:18/K
209	Andrea Taylor	Brussels	F	38	17 F 35-39	41:36	8:19/K
210	Ken Clement	Tecumseh	M	53	5 M 50-54	41:46	8:21/K
211	Debra Gill	Grand Bend	F	58	10 F 55-59	41:57	8:23/K
212	Robert Maertens		F	63	4 F 60-64	42:18	8:28/K
213	Lori Pettigrew	Forest	F	51	7 F 50-54	42:40	8:32/K
214	Gayle Thiel	Zurich	F	42	14 F 40-44	43:48	8:46/K
215	Sandra Newton	Exeter	F	71	2 F 70-74	43:49	8:46/K
216	Donna Walsh	Blyth	F	56	11 F 55-59	43:49	8:46/K
217	Anna Cook	Exeter	F	64	5 F 60-64	43:50	8:46/K
218	Leanne Kavangh		F	33	14 F 30-34	45:22	9:04/K
219	Krista McNichol	Blythe	F	39	18 F 35-39	45:23	9:05/K
220	Kendell Hall	Thorndale	F	48	26 F 45-49	45:27	9:05/K
221	Ross Hall	Thorndale	M	48	9 M 45-49	45:28	9:06/K
222	Denise Cattel	Dutton	F	39	19 F 35-39	45:42	9:08/K
223	Gloria Zsoldos	Rodney	F	62	6 F 60-64	45:42	9:08/K
224	Christoper Finch	Stratford	M	32	8 M 30-34	46:20	9:16/K
225	Alissa Finch	Stratford	F	30	15 F 30-34	46:21	9:16/K
226	Elizabeth Maertens	Aylmer	F	23	7 F 20-24	46:48	9:22/K
227	Amanda Jones	Union	F	28	15 F 25-29	46:48	9:22/K
228	Amanda Feeser	London	F	31	16 F 30-34	47:43	9:33/K

229	Michele Feeser	London	F	46	27 F 45-49	47:43	9:33/K
230	Josee Mestancik	Sarnia	F	48	28 F 45-49	48:49	9:46/K
231	Elizabeth Boucher	Pointe Claire	F	23	8 F 20-24	49:03	9:49/K
232	Steven Mestancik	Sarnia	M	47	10 M 45-49	49:04	9:49/K
233	Kelli Gyorfi	Grand Bend	F	36	20 F 35-39	51:27	10:17/K
234	Susan Sterling	Grand Bend	F	58	12 F 55-59	51:28	10:18/K
235	Lisa Elchuk	Grand Bend	F	37	21 F 35-39	51:29	10:18/K
236	Dan Cadman	Grand Bend	M	16	10 M 13-19	52:50	10:34/K
237	Shane Lowrie	Grand Bend	M	21	7 M 20-24	52:50	10:34/K
238	Donna Tinney	Exeter	F	50	8 F 50-54	52:53	10:35/K
239	Carol Coleman	Kippen	F	53	9 F 50-54	52:54	10:35/K
240	Albert Boucher	Montreal	M	71	3 M 70-74	53:21	10:40/K
241	Jen Martin	Grand Bend	F	33	17 F 30-34	57:08	11:26/K
242	Stacie Lavier	Grand Bend	F	25	16 F 25-29	57:09	11:26/K
243	Terri Rahn	Grand Bend	F	53	10 F 50-54	57:10	11:26/K
244	Suzanne Purves	London	F	72	3 F 70-74	1:00:54	12:11/K
245	David Purves	London	M	72	4 M 70-74	1:00:54	12:11/K
246	Mitchell Mestancik	Sarnia	M	20	8 M 20-24	1:02:32	12:30/K
247	Scott Abdey	St. Thomas	M	44	6 M 40-44	1:07:26	13:29/K
248	Dave Sebben	St. Mary's	M	49	11 M 45-49	1:15:40	15:08/K
249	Mary Lou Bennett		F	52	11 F 50-54	1:22:10	16:26/K
250	Lisa Kilpis	St. Mary's	F	45	29 F 45-49	1:22:10	16:26/K
251	M J Culliton	Stratford	F	44	15 F 40-44	1:34:00	18:48/K

10K

Place	Name	City	Gender	Age	Age Group Place	Time	Pace
1	Stephan McNamara	Chatham	M	21	1 Overall	34:36	3:28/K
2	Sean Cross	London	M	43	2 Overall	36:31	3:39/K
3	Scott Finch	Kintore	M	39	3 Overall	36:48	3:41/K
4	Michael Rummel	St. Thomas	M	31	1 M 30-34	38:46	3:53/K
5	Jason Wright	Woodstock	M	32	2 M 30-34	38:51	3:53/K
6	Dave Boersma	Exeter	M	41	1 Masters	40:26	4:03/K
7	Beth Chaput	Stratford	F	34	1 Overall	40:55	4:06/K
8	Graeme Silvester	London	M	40	2 Masters	41:10	4:07/K
9	Henry Drost	Woodstock	M	56	3 Masters	41:16	4:08/K
10	Daniel Booth	West Lorne	M	44	1 M 40-44	41:26	4:09/K
11	Michael Smail	Woodstock	M	38	1 M 35-39	41:39	4:10/K
12	Angus Ross	London	M	38	2 M 35-39	41:55	4:12/K
13	Leigh Chapple	Brights Grove	M	42	2 M 40-44	42:36	4:16/K
14	Andrew Stanley	London	M	31	3 M 30-34	43:00	4:18/K
15	Christine Torres	Komoka	F	45	2 Overall	43:40	4:22/K
16	Wayne Ryan	Ailsa Craig	M	48	1 M 45-49	43:47	4:23/K
17	Dan Vanderlaan	Exeter	M	39	3 M 35-39	43:57	4:24/K
18	Erika Kamenz	Dashwood	F	24	3 Overall	44:11	4:25/K
19	Kathy Mantel	Princeton	F	45	1 Masters	44:48	4:29/K
20	Brenda Branderhorst	Hensall	F	42	2 Masters	44:53	4:29/K
21	Denise Connelly	London	F	47	3 Masters	45:27	4:33/K

22	Caleb McLeod	Hensall	M	34	4 M 30-34	45:45	4:35/K
23	Todd Coleman	Woodstock	M	32	5 M 30-34	46:37	4:40/K
24	Michael Filion	London	M	24	1 M 20-24	47:10	4:43/K
25	Bill Ryan	Exeter	M	37	4 M 35-39	47:21	4:44/K
26	Christa O'Neil	Denfield	F	35	1 F 35-39	47:33	4:45/K
27	Brent Gladstone	Grand Bend	M	47	2 M 45-49	48:10	4:49/K
28	Douglas Foxcroft	Camlachie	M	43	3 M 40-44	48:57	4:54/K
29	Paul Ciufo	Grand Bend	M	43	4 M 40-44	49:38	4:58/K
30	Joe Barrons	Sarnia	M	36	5 M 35-39	49:45	4:59/K
31	Joya Jamieson	Petrolia	F	17	1 F 13-19	50:24	5:02/K
32	Mike Buma	Kitchener	M	34	6 M 30-34	50:45	5:05/K
33	David Towsley	Blenheim	M	47	3 M 45-49	50:50	5:05/K
34	Jordan Mandel	London	M	28	1 M 25-29	51:02	5:06/K
35	Debbie Chiodo	London	F	37	2 F 35-39	51:24	5:08/K
36	Angela Van Bommel	Ilderton	F	38	3 F 35-39	51:28	5:09/K
37	Leo Young	London	M	70	1 M 70-74	51:29	5:09/K
38	Andy Dawson	Chatham	M	44	5 M 40-44	51:33	5:09/K
39	Marianne Beaton	Ilderton	F	57	1 F 55-59	51:47	5:11/K
40	Jackie Dibenedetto	Kitchener	F	42	1 F 40-44	51:55	5:12/K
41	Mark Jamieson	Petrolia	M	54	1 M 50-54	52:06	5:13/K
42	Cathy Staehli	Lucknow	F	60	1 F 60-64	52:16	5:14/K
43	Ken Kusalik	Chatham	M	44	6 M 40-44	52:17	5:14/K
44	Ginger Ruypers	Sarnia	F	15	2 F 13-19	52:20	5:14/K
45	Jared Thompson	Exeter	M	10	1 M 0-12	52:38	5:16/K
46	Tamara Thompson	Exeter	F	33	1 F 30-34	52:54	5:17/K
47	Don Kirkpatrick	Stratford	M	57	1 M 55-59	53:08	5:19/K
48	Shane Carson	London	M	56	2 M 55-59	53:18	5:20/K
49	Emily Zdulski	London	F	21	1 F 20-24	53:22	5:20/K
50	Brian Bork	Kitchener	M	33	7 M 30-34	53:31	5:21/K
51	Melissa Phillips	Toronto	F	31	2 F 30-34	53:51	5:23/K
52	Katie Henry	Calgary	F	20	2 F 20-24	54:07	5:25/K
53	Paul McCormack	Sarnia	M	57	3 M 55-59	54:16	5:26/K
54	Jennifer Romero	London	F	33	3 F 30-34	54:24	5:26/K
55	Wendy Cuthbert	Guelph	F	67	1 F 65-69	54:37	5:28/K
56	Bill Bouwmeester	Ilderton	M	50	2 M 50-54	54:47	5:29/K
57	Tim Fritz	Strathroy	M	40	7 M 40-44	55:07	5:31/K
58	Mary McGaffey	Ingersoll	F	16	3 F 13-19	55:12	5:31/K
59	Bonnie Janmaat	Seaforth	F	56	2 F 55-59	55:18	5:32/K
60	Cathy Hulley	Seaforth	F	55	3 F 55-59	55:21	5:32/K
61	Cadance Halley	London	F	39	4 F 35-39	55:46	5:35/K
62	Cathy Gibson	Lucknow	F	47	1 F 45-49	55:50	5:35/K
63	Pam Dean	Strathroy	F	45	2 F 45-49	56:09	5:37/K
64	Ulli Pieplow	Paisley	M	54	3 M 50-54	56:11	5:37/K
65	Charles Smith	Camlachie	M	56	4 M 55-59	56:13	5:37/K
66	Laura Marsh	Grand Bend	F	46	3 F 45-49	56:24	5:38/K
67	Don Steeper	Ailsa Craig	M	70	2 M 70-74	56:59	5:42/K
68	Hayley Snell	Toronto	F	35	5 F 35-39	56:59	5:42/K

69	Jennifer Snyder	Toronto	F	33	4 F 30-34	57:00	5:42/K
70	Nancy Joyal	Arva	F	50	1 F 50-54	57:02	5:42/K
71	Rene Boogemans	Hensall	M	69	1 M 65-69	57:44	5:46/K
72	Tracy Gartshore	Sarnia	F	42	2 F 40-44	57:53	5:47/K
73	Jennifer Stanley	London	F	33	5 F 30-34	57:55	5:48/K
74	Patrick Dilosa	Sarnia	M	39	6 M 35-39	58:06	5:49/K
75	Joseph Megyesi	London	M	54	4 M 50-54	58:18	5:50/K
76	Paul Kremer	Watford	M	55	5 M 55-59	58:32	5:51/K
77	Barry Arnott	Forest	M	65	2 M 65-69	58:41	5:52/K
78	Trevor Arnott	Hamilton	M	43	8 M 40-44	58:42	5:52/K
79	Marilyn Anderson	Sarnia	F	57	4 F 55-59	59:35	5:58/K
80	Chad Dreise	Kitchener	M	34	8 M 30-34	1:00:05	6:01/K
81	Melissa Rajgopal	London	F	34	6 F 30-34	1:00:17	6:02/K
82	Vai Rajgopal	London	M	35	7 M 35-39	1:00:17	6:02/K
83	Marcella Grail	London	F	53	2 F 50-54	1:00:27	6:03/K
84	Rebecca Mudge	London	F	30	7 F 30-34	1:00:30	6:03/K
85	Janet Mathers	Centralia	F	56	5 F 55-59	1:00:47	6:05/K
86	Cheryl Scollard	London	F	49	4 F 45-49	1:01:05	6:07/K
87	Gary Annandale	Stratford	M	53	5 M 50-54	1:01:05	6:07/K
88	Petra Hathaway	Melbourne	F	34	8 F 30-34	1:02:09	6:13/K
89	Doug Ellison	Exeter	M	69	3 M 65-69	1:02:22	6:14/K
90	Nancy Hutchinson	Sarnia	F	51	3 F 50-54	1:02:38	6:16/K
91	Elizabeth McLaws	St. Thomas	F	28	1 F 25-29	1:03:08	6:19/K
92	Jessica Andrews	St. Thomas	F	29	2 F 25-29	1:03:08	6:19/K
93	Jerome Mailloux	London	M	51	6 M 50-54	1:03:23	6:20/K
94	Tracy Chapple	Brights Grove	F	44	3 F 40-44	1:03:50	6:23/K
95	Brent Loyer	Woodstock	M	73	3 M 70-74	1:04:06	6:25/K
96	Dennette Woodworth	Woodstock	F	41	4 F 40-44	1:04:07	6:25/K
97	Heidi Braaksma	London	F	47	5 F 45-49	1:04:17	6:26/K
98	David Earnshaw	Sarnia	M	77	1 M 75-79	1:04:25	6:27/K
99	Stephanie McGaffey	Ingersoll	F	51	4 F 50-54	1:04:39	6:28/K
100	Brooke McFalls	Parkhill	F	32	9 F 30-34	1:04:42	6:28/K
101	Chris Sumner	Sarnia	M	33	9 M 30-34	1:04:44	6:28/K
102	Janet Harding-Curley	London	F	47	6 F 45-49	1:05:09	6:31/K
103	Tom Barnes	London	M	37	8 M 35-39	1:05:12	6:31/K
104	Sandra Regier	Zurich	F	38	6 F 35-39	1:05:39	6:34/K
105	Kimberly Hutton	Plympton Wyoming	F	31	10 F 30-34	1:05:42	6:34/K
106	Michele Kremer	London	F	53	5 F 50-54	1:06:28	6:39/K
107	Lindsay Ralph	Lucan	F	31	11 F 30-34	1:06:38	6:40/K
108	Lesley Papple	Lucan	F	37	7 F 35-39	1:06:41	6:40/K
109	Amanda Hardy	Lucan	F	35	8 F 35-39	1:06:42	6:40/K
110	Elizabeth Walper-Gladston	Grand Bend	F	50	6 F 50-54	1:07:48	6:47/K
111	Veronica Coleman	Plympton-Wyoming	F	72	1 F 70-74	1:08:04	6:48/K
112	Vicky Wreford	Oil Springs	F	36	9 F 35-39	1:08:35	6:52/K
113	Karen Hartman	Grand Bend	F	39	10 F 35-39	1:08:48	6:53/K
114	Cathy Hickey	Grand Bend	F	45	7 F 45-49	1:08:48	6:53/K
115	Jason Pereira	Komoka	M	28	2 M 25-29	1:09:18	6:56/K

116	Cindy Richardson	Strathroy	F	40	5 F 40-44	1:09:36	6:58/K
117	Jennifer Brady	Wyoming	F	33	12 F 30-34	1:09:39	6:58/K
118	Lisa Goetz	London	F	30	13 F 30-34	1:10:35	7:04/K
119	Helen Riordon	London	F	63	2 F 60-64	1:10:50	7:05/K
120	Stephanie Vandebussche	Exeter	F	29	3 F 25-29	1:10:53	7:05/K
121	Jennie Uens	Camden East	F	41	6 F 40-44	1:10:54	7:05/K
122	Lee Ann Vandenberg	Belleville	F	48	8 F 45-49	1:12:30	7:15/K
123	Stephanie Walker	Glencoe	F	32	14 F 30-34	1:14:42	7:28/K
124	Margaret Gustavel	Enterprise	F	38	11 F 35-39	1:15:27	7:33/K
125	Shelley Charlton	London	F	39	12 F 35-39	1:16:07	7:37/K
126	Louise Barrons	Sarnia	F	61	3 F 60-64	1:16:33	7:39/K
127	Julie Pecora	Sarnia	F	48	9 F 45-49	1:16:33	7:39/K
128	Christy Harding	Sarnia	F	40	7 F 40-44	1:17:18	7:44/K
129	Rebecca Turner	Sarnia	F	38	13 F 35-39	1:17:39	7:46/K
130	Cindy O'Neil	Corunna	F	56	6 F 55-59	1:19:49	7:59/K
131	Rita Dietz	Sarnia	F	61	4 F 60-64	1:19:51	7:59/K
132	Nuala Foley-Felton	Sarnia	F	69	2 F 65-69	1:22:06	8:13/K
133	Mary Anne Bell	Sarnia	F	56	7 F 55-59	1:23:03	8:18/K
134	Betty Ann O'Connor	Sarnia	F	57	8 F 55-59	1:23:03	8:18/K
135	Michelle Turner	Sarnia	F	56	9 F 55-59	1:31:13	9:07/K
136	Jean McAllister	Sarnia	F	67	3 F 65-69	1:31:14	9:07/K
137	Daphne Schuyler	Sarnia	F	62	5 F 60-64	1:31:14	9:07/K
138	Mary Ann Gariepy	Corunna	F	66	4 F 65-69	1:34:58	9:30/K
139	Sue Kelly	Sarnia	F	60	6 F 60-64	1:34:58	9:30/K
140	Loriann Baetz	St. Thomas	F	41	8 F 40-44	1:36:17	9:38/K
141	Melissa Light	Wyoming	F	38	14 F 35-39	1:39:16	9:56/K

2K Because someone removed the 1K marker, the 2K race was likely short.

Place	Name	City	Gender	Age	Age Group Place	Time	Pace
1	Brandon Shearing	Woodstock	M	9	***** M 8- 9	06:27	3:14/K
2	Mark Barton	Stratford	M	7	***** M 0- 7	07:01	3:31/K
3	Benjamin Gecas	Brantford	M	10	***** M 10-11	07:03	3:32/K
4	Karlee Thompson	Exeter	F	8	***** F 8- 9	07:04	3:32/K
5	Carter Ivatts	Exeter	M	8	1 M 8- 9	07:08	3:34/K
6	Carrie Ducharme-Ivatts	Exeter	F	39	***** F 35-39	07:11	3:36/K
7	Kelly Mantel	Princeton	F	8	***** F 8- 9	07:16	3:38/K
8	Lucas Heron	Exeter	M	9	2 M 8- 9	07:17	3:39/K
9	Dominic Glenn	St Marys	M	10	1 M 10-11	07:43	3:52/K
10	Jason Dibenedetto	Kitchener	M	12	1 M 12-13	07:48	3:54/K
11	Eddie Towton	Exeter	M	7	1 M 0- 7	07:50	3:55/K
12	Peggy Mantel		F	12	1 F 12-13	07:52	3:56/K
13	Aaron Dean		M	11	2 M 10-11	08:00	4:00/K
14	Hannah McLellan	Sarnia	F	10	1 F 10-11	08:06	4:03/K
15	Claire Arnott	Woodstock	F	7	1 F 0- 7	08:07	4:04/K
16	Elliot Barton	Stratford	M	5	2 M 0- 7	08:09	4:05/K

17	Ryan Marsh	Grand Bend	M	7	3 M 0- 7	08:18	4:09/K
18	Riley Poortinga	Woodham	M	8	3 M 8- 9	08:35	4:18/K
19	Katie Cameron	Strathroy	F	7	2 F 0- 7	08:38	4:19/K
20	Molly Cameron	Strathroy	F	9	1 F 8- 9	08:38	4:19/K
21	Sophie Victor	Sarnia	F	8	2 F 8- 9	08:45	4:23/K
22	Erin Mathers		F	9	3 F 8- 9	08:46	4:23/K
23	Molly Towton	Exeter	F	8	4 F 8- 9	09:07	4:34/K
24	MacKenzie Shearing	Woodstock	M	8	4 M 8- 9	09:17	4:39/K
25	Adalia Gecas	Brantford	F	7	3 F 0- 7	09:24	4:42/K
26	Sarah Sadler	St Marys	F	32	1 F 30-34	09:27	4:44/K
27	Trinity Haynes	St Marys	F	7	4 F 0- 7	09:28	4:44/K
28	Amy Dean		F	10	2 F 10-11	09:38	4:49/K
29	Tracy Heron	Exeter	F	35	1 F 35-39	09:42	4:51/K
30	Laura Barclay	Parkhill	F	8	5 F 8- 9	10:30	5:15/K
31	Max Dibenedetto	Kitchener	M	10	3 M 10-11	10:32	5:16/K
32	Lily Barton	Stratford	M	9	5 M 8- 9	10:34	5:17/K
33	Connor Shugg	Kitchener	M	12	2 M 12-13	10:38	5:19/K
34	Valerie Craig	Stratford	F	44	1 F 40-44	11:02	5:31/K
35	Caitlin Barclay	Parkhill	F	6	5 F 0- 7	11:32	5:46/K
36	Maureen Barclay	Parkhill	F	34	2 F 30-34	11:33	5:47/K
37	Caroline Thuss	Goderich	F	35	2 F 35-39	11:37	5:49/K
38	Julia Barrons	Sarnia	F	11	3 F 10-11	11:49	5:55/K
39	Katie Schneider	Goderich	F	6	6 F 0- 7	12:05	6:03/K
40	Sarah Ball	Goderich	F	6	7 F 0- 7	12:06	6:03/K
41	Melanie Ball	Goderich	F	39	3 F 35-39	12:11	6:06/K
42	Angelina Backx	Grand Bend	F	89	1 F 85-89	20:41	10:21/K
43	Marian Backx	London	F	62	1 F 60-64	20:42	10:21/K
44	Toni Backx	Wyoming	F	59	1 F 55-59	20:51	10:26/K
45	Hannah Burns	Strathroy	F	9	6 F 8- 9	21:26	10:43/K
46	Greg Burns	Strathroy	M	40	1 M 40-44	21:26	10:43/K
47	Gus Swick		M	8	6 M 8- 9	58:50	29:25/K
48	Steven Sebben	St. Mary's	M	11	4 M 10-11	1:25:19	42:40/K
49	Evan Bennett	St Marys	M	11	5 M 10-11	1:25:21	42:41/K
50	Roger Sebben	St. Mary's	M	6	4 M 0- 7	1:32:05	46:03/K
51	Eric Dean	Glencoe	M	29	1 M 25-29	1:40:53	50:27/K

Wheelchair 5K

Place	Name	City	Gender	Age	Age Group	Place	Time	Pace
1	Cody Daye	Sarnia	M	25	1 M 0-99		21:21	4:16/M
2	Vernon Blanchard	Parkhill	M	34	2 M 0-99		25:22	5:04/M
3	Hayley Sutton	Camlachie	F	32	1 F 0-99		28:40	5:44/M
4	Arlene Cook	Parkhill	F	45	2 F 0-99		32:47	6:33/M
5	Jordan Brown	Kettle Point	M	24	3 M 0-99		38:59	7:48/M
6	Matthew George	Kettle Point	M	20	4 M 0-99		41:39	8:20/M