

South Huron Trail Run
 Overall Finish List
 June 23, 2013

5K

Place	Name	City	Gender	Age	Age Group	Place	Time	Pace
1	Brock Appel	Stratford	M	38	1 Overall		19:00	3:48/K
2	Chris Strahm	Stratford	M	40	2 Overall		19:22	3:52/K
3	Joshua Zelek	Stratford	M	12	3 Overall		20:23	4:05/K
4	Jarret Chessell	London	M	30	1 M 30-39		20:31	4:06/K
5	Sean Pynaert	Brights Grove	M	39	2 M 30-39		21:26	4:17/K
6	Drew Horner	Exeter	M	13	1 M 0-19		21:55	4:23/K
7	Andrew Pache	Exeter	M	20	1 M 20-29		22:59	4:36/K
8	Owen Gemmell	Kippen	M	9	2 M 0-19		23:44	4:45/K
9	Megan Verbeke	Exeter	F	19	1 Overall		24:08	4:50/K
10	Cam Oud		M	20	2 M 20-29		24:11	4:50/K
11	Robert Sica	London	M	56	1 masters		24:14	4:51/K
12	Nick Donkers	Beachville	M	70	1 Grandmasters		24:18	4:52/K
13	Evelyn Walsh	London	F	11	2 Overall		24:28	4:54/K
14	Tessa Vleuten	Woodstock	F	38	3 Overall		24:46	4:57/K
15	Ryan Dickins	Exeter	M	11	3 M 0-19		24:48	4:58/K
16	Emma Shawyer	Komoka	F	8	1 F 0-19		25:00	5:00/K
17	Scott Shawyer	Komoka	M	41	1 M 40-49		25:00	5:00/K
18	Jim Dickins	Exeter	M	42	2 M 40-49		25:02	5:00/K
19	Amanda Verbeke	Exeter	F	14	2 F 0-19		25:05	5:01/K
20	Kristen Walsh	London	F	14	3 F 0-19		25:14	5:03/K
21	Caitlin MacDonald	Clinton	F	15	4 F 0-19		25:31	5:06/K
22	Grace Kobe	Grand Bend	F	12	5 F 0-19		25:45	5:09/K
23	Alyson Brulotte	Putnam	F	17	6 F 0-19		25:52	5:10/K
24	Abigail Bos	Blyth	F	9	7 F 0-19		26:16	5:15/K
25	Heather Brulotte	Putnam	F	45	1 masters		26:35	5:19/K
26	Janet Thompson	Woodstock	F	63	1 Grandmasters		26:46	5:21/K
27	Dan Veldman	Embros	M	50	1 M 50-59		26:49	5:22/K
28	Piera Valenti	Hay ON	F	41	1 F 40-49		26:52	5:22/K
29	Griffin MacDonald	Clinton	M	12	4 M 0-19		26:58	5:24/K
30	Jane Spittal	Stratford	F	36	1 F 30-39		27:09	5:26/K
31	Patty Relouw	Grand Bend	F	44	2 F 40-49		27:19	5:28/K
32	Matthew Recoskie	Goderich	M	12	5 M 0-19		27:25	5:29/K
33	Carissa Desjardine	Exeter	F	26	1 F 20-29		27:38	5:32/K
34	Carla Goodfellow	Exeter	F	37	2 F 30-39		27:39	5:32/K
35	Wendy Currie	Seaforth	F	52	1 F 50-59		27:43	5:33/K
36	Jason Birch	Elmira	M	33	3 M 30-39		27:45	5:33/K
37	Oren Birch	Elmira	M	31	4 M 30-39		27:45	5:33/K
38	Mark Wilson	Seaforth	M	33	5 M 30-39		27:53	5:35/K
39	Gwen Kirkpatrick	Stratford	F	55	2 F 50-59		28:03	5:37/K
40	Jessica McNairn	London	F	36	3 F 30-39		28:04	5:37/K
41	Kendra Hopper	Wingham	F	34	4 F 30-39		28:32	5:42/K

42	Don Fulton	Exeter	M	51	2 M 50-59	28:34	5:43/K
43	Monica Difrancesco	Huron Park	F	55	3 F 50-59	28:44	5:45/K
44	Susanne Cutting	Dungannon	F	41	3 F 40-49	28:47	5:45/K
45	Charlie Peterson	Stratford	M	67	1 M 60-98	28:51	5:46/K
46	Ben Parker		M	24	3 M 20-29	28:54	5:47/K
47	Ally Gerber	Hensall	F	17	8 F 0-19	28:59	5:48/K
48	Shelley King	Clinton	F	51	4 F 50-59	29:44	5:57/K
49	Kelly Mantel	Princeton	F	8	9 F 0-19	29:46	5:57/K
50	Janice Kobe	Grand Bend	F	43	4 F 40-49	29:46	5:57/K
51	Geoff King	Clinton	M	52	3 M 50-59	29:48	5:58/K
52	Darlene Ellison	Exeter	F	60	1 F 60-98	29:56	5:59/K
53	Ross Hall	Thorndale	M	48	3 M 40-49	29:58	6:00/K
54	Harold Burgin	St. Marys	M	74	2 M 60-98	29:59	6:00/K
55	Emily Dykstra	Exeter	F	24	2 F 20-29	30:03	6:01/K
56	Aaron Dykstra	Exeter	M	24	4 M 20-29	30:04	6:01/K
57	Angela Schneider	Goderich	F	44	5 F 40-49	30:28	6:06/K
58	Holly Laakso	London	F	22	3 F 20-29	30:30	6:06/K
59	Mj Culliton	Stratford	F	44	6 F 40-49	30:56	6:11/K
60	Peggy Mantel	Princeton	F	11	10 F 0-19	31:27	6:17/K
61	Sarah Ray	Zurich	F	16	11 F 0-19	31:37	6:19/K
62	Chloe Middegaal	Londesborough	O F	16	12 F 0-19	31:37	6:19/K
63	Kelly Clark	Mitchell	F	45	7 F 40-49	32:18	6:28/K
64	Brooklyn Rau	Exeter	F	12	13 F 0-19	32:36	6:31/K
65	Jane Johnson	Exeter	F	36	5 F 30-39	33:07	6:37/K
66	Hazel Graves	Woodstock	F	38	6 F 30-39	33:15	6:39/K
67	Carter Cadman	Parkhill	M	11	6 M 0-19	33:27	6:41/K
68	Maureen Barclay	Parkhill	F	34	7 F 30-39	33:31	6:42/K
69	Elizabeth Wanner		F	38	8 F 30-39	33:40	6:44/K
70	Jodie Olver	London	F	34	9 F 30-39	33:41	6:44/K
71	Ron Downey		M	29	5 M 20-29	34:02	6:48/K
72	Melodie McClure	Stratford	F	48	8 F 40-49	34:23	6:53/K
73	Wanda Marshall	Blyth	F	48	9 F 40-49	34:35	6:55/K
74	Andrea Chessell	London	F	28	4 F 20-29	34:35	6:55/K
75	Marg Anderson	Londesborough	O F	55	5 F 50-59	35:02	7:00/K
76	Kathy Sorensen	Ilderton	F	48	10 F 40-49	35:05	7:01/K
77	Laurel Laakso	London	F	25	5 F 20-29	35:09	7:02/K
78	Lizi Rohfritsch	Mitchell	F	38	10 F 30-39	35:59	7:12/K
79	Cheri Hoggart	Mitchell	F	40	11 F 40-49	35:59	7:12/K
80	Karen Jacques	Kincardine	F	38	11 F 30-39	36:15	7:15/K
81	Judy McLeod	Exeter	F	60	2 F 60-98	36:45	7:21/K
82	Scott Hodgert	Exeter	M	49	4 M 40-49	37:17	7:27/K
83	Ron Shier	Ingersoll	M	77	3 M 60-98	38:27	7:41/K
84	Carol Gordon	Sarnia	F	46	12 F 40-49	38:40	7:44/K
85	Amanda Rankin	Elmira	F	37	12 F 30-39	38:41	7:44/K
86	Don McIntosh	St. Marys	M	61	4 M 60-98	39:58	8:00/K
87	Jennifer Millen	London	F	29	6 F 20-29	40:49	8:10/K
88	Cheryl Creighton	London	F	32	13 F 30-39	40:49	8:10/K

89	Kendell Hall	Thorndale	F	47	13 F 40-49	40:55	8:11/K
90	Carole Wilken	London	F	55	6 F 50-59	40:55	8:11/K
91	Debbie Pressey	Vittoria	F	57	7 F 50-59	41:05	8:13/K
92	Dianne McFadzean	Seaforth	F	56	8 F 50-59	41:58	8:24/K
93	Melissa Lochrie		F	28	7 F 20-29	42:14	8:27/K
94	Cheryl Edwards		F		no age given	42:15	8:27/K
95	Donna Walsh	Blyth	F	55	9 F 50-59	43:32	8:42/K
96	Amanda Wilkinson	Dashwood	F	33	14 F 30-39	44:22	8:52/K
97	Amy Cadman	Parkhill	F	38	15 F 30-39	44:25	8:53/K
98	Victoria Potter		F	18	14 F 0-19	47:14	9:27/K
99	Mandy Andrews		F		no age given	47:15	9:27/K
100	Denise Pasons-Pfaff		F	34	16 F 30-39	47:15	9:27/K
101	Lynne Belair	London	F	67	3 F 60-98	57:39	11:32/K

8K run

Place	Name	City	Gender	Age	Age Group	Place	Time	Pace
1	Matt Suda	London	M	27	1 Overall		27:55	3:29/K
2	Lubos Pavlik	London	M	30	2 Overall		30:00	3:45/K
3	Jeff Thuss	Goderich	M	32	3 Overall		31:26	3:56/K
4	Marc Philippon	London	M	38	1 M 30-39		32:14	4:02/K
5	Gabrielle Foran	Woodstock	F	22	1 Overall		32:51	4:06/K
6	Tom Skinner	Mitchell	M	24	1 M 20-29		33:45	4:13/K
7	Mary Thompson	Woodstock	F	25	2 Overall		34:01	4:15/K
8	Michael Boyle	Exeter	M	50	1 Masters		34:14	4:17/K
9	Trevor Shepherd	St Marys	M	41	1 M 40-49		34:31	4:19/K
10	Claire Fleming	Londesborough	F	16	3 Overall		34:42	4:20/K
11	Rob Ross	Thorndale	M	38	2 M 30-39		35:28	4:26/K
12	John Gregus	Exeter	M	30	3 M 30-39		35:40	4:28/K
13	Michael Donkers	Arva	M	17	1 M 0-19		36:11	4:31/K
14	Tracy Gustafson	London	F	40	1 Masters		36:16	4:32/K
15	Brian Hagemeyer	London	M	42	2 M 40-49		36:46	4:36/K
16	Gradon Fuller	London	M	14	2 M 0-19		36:55	4:37/K
17	Marcell Meresz	Guelph	M	44	3 M 40-49		37:04	4:38/K
18	Hubertus Haccius	Dashwood	M	60	1 Grandmasters		37:08	4:39/K
19	Robert Campbell	Mt. Brydges	M	53	1 M 50-59		37:10	4:39/K
20	Caleb McLeod	Hensall	M	33	4 M 30-39		37:35	4:42/K
21	Maggie Kienapple	Kenilworth	F	36	1 F 30-39		37:43	4:43/K
22	Erin Visser	London	F	35	2 F 30-39		38:38	4:50/K
23	Caleb Cook	London	M	12	3 M 0-19		38:41	4:50/K
24	Bill Ryan	Exeter	M	37	5 M 30-39		38:51	4:51/K
25	Kathy Mantel	Princeton	F	45	1 F 40-49		39:01	4:53/K
26	Ashley Holliday	St. Mary's	F	29	1 F 20-29		39:41	4:58/K
27	Armin Kruspel	London	M	57	2 M 50-59		39:47	4:58/K
28	Sarah Bachert	London	F	24	2 F 20-29		40:01	5:00/K
29	Tracy Hoffman	Hensall	F	48	2 F 40-49		40:51	5:06/K
30	Deb Oke	Exeter	F	43	3 F 40-49		41:03	5:08/K
31	Arnold Mantel	Princeton	M	54	3 M 50-59		41:19	5:10/K

32	Nick Huybers	Wyoming	M		no age given	41:29	5:11/K
33	Dylan Walton	Blyth	M	16	4 M 0-19	41:47	5:13/K
34	Timothy Sheller		M	60	1 M 60-98	42:16	5:17/K
35	Chuck Edwards	London	M	67	2 M 60-98	42:41	5:20/K
36	Mike Pawitch	Blyth	M	41	4 M 40-49	42:49	5:21/K
37	Sandra Bos	Blyth	F	34	3 F 30-39	43:02	5:23/K
38	Carla Pawitch	Blyth	F	34	4 F 30-39	43:09	5:24/K
39	Jack Fuller	London	M	11	5 M 0-19	43:20	5:25/K
40	Kaye McLagan	Mitchell	F	22	3 F 20-29	43:32	5:27/K
41	Kelly Van Dinther	Granton	F	29	4 F 20-29	43:37	5:27/K
42	Raymond Labelle	Grand Bend	M	52	4 M 50-59	43:38	5:27/K
43	Christine Van Sickle	Brights Grove	F	35	5 F 30-39	43:52	5:29/K
44	Rosaleen Dinbar	Stratford	F	61	1 Grandmasters	44:09	5:31/K
45	Cam McLeod	Exeter	M	63	3 M 60-98	44:21	5:33/K
46	Colleen Janmaat	Seaforth	F	48	4 F 40-49	44:30	5:34/K
47	Alana MacDougall	London	F	36	6 F 30-39	44:50	5:36/K
48	Paula MacKie	Wingham	F	48	5 F 40-49	44:58	5:37/K
49	Cathy Staehli	Lucknow	F	60	1 F 60-98	45:09	5:39/K
50	Henry Bos	Blyth	M	36	6 M 30-39	45:20	5:40/K
51	Jamie Grandmaison	Goderich	M	35	7 M 30-39	46:04	5:46/K
52	Don Kirkpatrick	Stratford	M	56	5 M 50-59	46:37	5:50/K
53	Chris Norman	London	M	33	8 M 30-39	46:41	5:50/K
54	Janet Obre	Exeter	F	35	7 F 30-39	46:48	5:51/K
55	Denise Ritchie	London	F	28	5 F 20-29	46:57	5:52/K
56	Marcy Mueller	Mitchell	F	40	6 F 40-49	47:01	5:53/K
57	Terry Wilkins	London	M	44	5 M 40-49	47:21	5:55/K
58	Rick Roy	London	M	57	6 M 50-59	47:30	5:56/K
59	Todd Mellin	Dashwood	M	35	9 M 30-39	47:35	5:57/K
60	Trish Sabourin	Wingham	F	35	8 F 30-39	47:44	5:58/K
61	Michele Mitchell	London	F	43	7 F 40-49	48:14	6:02/K
62	Steffen Kampe	St. Thomas	M	76	4 M 60-98	48:19	6:02/K
63	Tara Gariepy	London	F	38	9 F 30-39	48:41	6:05/K
64	Brad MacDougall	London	M	38	10 M 30-39	48:49	6:06/K
65	Connie Fuller	London	M	49	6 M 40-49	48:52	6:07/K
66	Claire McFadzean	Seaforth	F	18	1 F 0-19	48:54	6:07/K
67	Jeff Weber	Elmira	M	39	11 M 30-39	49:00	6:08/K
68	Brenda Taylor-Anderson	London	F	41	8 F 40-49	49:10	6:09/K
69	Gord Johnson	Woodstock	M	35	12 M 30-39	49:27	6:11/K
70	Rene Boogeman	Hensall	M	69	5 M 60-98	49:31	6:11/K
71	Pam Hunter	Ottawa	F	49	9 F 40-49	49:40	6:13/K
72	Vicki Leddy	Clinton	F	33	10 F 30-39	49:46	6:13/K
73	Pam Snelgrove	Keswick	F	31	11 F 30-39	49:55	6:14/K
74	Laura Lester	London	F	23	6 F 20-29	50:01	6:15/K
75	Cathy Gibson	Lucknow	F	47	10 F 40-49	50:13	6:17/K
76	Jean-Paul Mouton	London	M	33	13 M 30-39	50:20	6:18/K
77	Marianne Rowland	Woodstock	F	29	7 F 20-29	50:27	6:18/K
78	Tanya Berendsen	St. Pauls	F	32	12 F 30-39	50:44	6:21/K

79	Shonyn Coward	Exeter	F	38	13 F 30-39	50:53	6:22/K
80	Scott Barham	London	M	28	2 M 20-29	50:59	6:22/K
81	Brian Ball	London	M	44	7 M 40-49	50:59	6:22/K
82	Bonnie Janmaat	Seaforth	F	56	1 F 50-59	51:02	6:23/K
83	Cathy Hulley	Seaforth	F	55	2 F 50-59	51:03	6:23/K
84	Lauren O'Keefe		F	52	3 F 50-59	51:25	6:26/K
85	Justine Walsh	Delaware	F	20	8 F 20-29	51:37	6:27/K
86	Samantha Gleiser	London	F	34	14 F 30-39	51:40	6:28/K
87	Ben Gleiser	London	M	36	14 M 30-39	51:40	6:28/K
88	Tammy Dickins	Exeter	F	41	11 F 40-49	51:52	6:29/K
89	Carly Zub	St. Marys	F	25	9 F 20-29	52:05	6:31/K
90	Jamie Tominson		M	39	15 M 30-39	52:35	6:34/K
91	Jolene De Boer	Exeter	F	25	10 F 20-29	52:36	6:35/K
92	Lisa Bennett-Jervis	Seaforth	F	33	15 F 30-39	52:38	6:35/K
93	Brenda Hutton	Parkhill	F	41	12 F 40-49	52:46	6:36/K
94	Jessica Feagan	Woodstock	F	26	11 F 20-29	53:00	6:38/K
95	Suzanne Mathers	Exeter	F	49	13 F 40-49	53:29	6:41/K
96	Kim Vanstone	St. Marys	F	52	4 F 50-59	53:37	6:42/K
97	Theresa Abbey	Woodstock	F	33	16 F 30-39	53:52	6:44/K
98	Michelle Scatcherd	London	F	43	14 F 40-49	53:57	6:45/K
99	Roxanne Wonnacott	Petrolia	F	47	15 F 40-49	54:04	6:46/K
100	John Hamilton	Grand Bend	M	45	8 M 40-49	54:04	6:46/K
101	Cindy Chirulescu	Woodstock	F	33	17 F 30-39	54:15	6:47/K
102	Martin Donkers	Arva	M	46	9 M 40-49	54:16	6:47/K
103	Kimberly Greidanus	Londesborough	F	35	18 F 30-39	55:19	6:55/K
104	Janet Mathers	Centralia	F	56	5 F 50-59	55:33	6:57/K
105	Barry Arnott	Forest	M	65	6 M 60-98	55:53	6:59/K
106	Shelley Haycock	Ingersoll	F	38	19 F 30-39	58:23	7:18/K
107	Lori Szwarc	Grand Bend	F	60	2 F 60-98	58:56	7:22/K
108	Korri Ellis	St. Marys	F	27	12 F 20-29	1:00:47	7:36/K
109	Rebecca Sheller		F	64	3 F 60-98	1:01:17	7:40/K
110	Lisa Goetz	London	F	30	20 F 30-39	1:01:21	7:40/K
111	Beth Norman	London	F	28	13 F 20-29	1:03:36	7:57/K
112	Carrie Ross	Wallacetown	F	40	16 F 40-49	1:03:43	7:58/K
113	Peter Edgar	Blyth	M	26	3 M 20-29	1:09:42	8:43/K
114	Laura Armstrong	Blyth	F	26	14 F 20-29	1:09:42	8:43/K
115	Anna Cook	Exeter	F	63	4 F 60-98	1:11:19	8:55/K
116	Sandra Newton	Exeter	F	71	5 F 60-98	1:11:19	8:55/K