

Highland Games, Embro
Overall Finish List
July 01, 2019

10K						
Place	Name	City	Bib No	Age Group Place	Time	Pace
1	Adam Hortian	Kitchener	98	1st Overall M	35:05	3:31/K
2	Lubos Pavlik	London	113	2nd Overall M	37:55	3:48/K
3	Dave Harmsworth	Waterloo	32	3rd Overall M	38:27	3:51/K
4	Connor Zink	Stratford	120	1 M 30-39	41:16	4:08/K
5	Josh Smith	Delaware	115	2 M 30-39	41:35	4:10/K
6	Chad Baese	Ingersoll	100	1 M 40-49	43:13	4:19/K
7	Stephaney Hortian	Kitchener	99	1st Overall F	43:26	4:21/K
8	Sid Eastman	Embro	36	1 M 50-59	43:30	4:21/K
9	Benjamin Lawton	London	44	2 M 50-59	45:07	4:31/K
10	James Delodder	Woodstock	33	2 M 40-49	45:31	4:33/K
11	Lindsay Masson	Ingersoll	47	2nd Overall F	46:08	4:37/K
12	Kathy Mantel	Princeton	111	3rd Overall F	46:27	4:39/K
13	Stew Slater	Lakeside	42	3 M 50-59	48:15	4:50/K
14	Meghann Trott	Drumbo	28	1 F 40-49	48:21	4:50/K
15	Hubertus Haccius	Dashwood	107	1 M 65-69	48:32	4:51/K
16	Ian Renfrew	Kitchener	199	4 M 50-59	48:33	4:51/K
17	Joost Dewit		104	3 M 30-39	48:47	4:53/K
18	Jennifer Rogers	Stratford	29	1 F 20-29	49:19	4:56/K
19	Becky Jones-Eaton	Embro	198	1 F 30-39	49:45	4:59/K
20	Bryan Lee	St. Thomas	46	3 M 40-49	51:06	5:07/K
21	Robert Larder	Ingersoll	200	5 M 50-59	51:09	5:07/K
22	Henry Drost	Woodstock	196	1 M 60-64	51:13	5:07/K
23	Jamie Taylor	stratford	38	4 M 40-49	51:53	5:11/K
24	Patti MacDonald	Woodstock	110	2 F 30-39	52:18	5:14/K
25	Julie Houben	Stratford	37	2 F 40-49	52:55	5:18/K
26	Scott Marshall	Beachville	197	4 M 30-39	54:22	5:26/K
27	Brad Lunn	Belmont	41	5 M 40-49	54:46	5:29/K
28	Elliot Barton	Embro	34	1 M 0-19	55:07	5:31/K
29	Michelle Campbell	Embro	101	3 F 40-49	55:37	5:34/K
30	Connie Charles		102	4 F 40-49	56:01	5:36/K
31	Rafiq Bhabha	London	194	6 M 40-49	56:15	5:38/K
32	Aneesa Bhabha	London	195	1 F 0-19	56:44	5:40/K
33	Pieter Coo	Kitchener	31	6 M 50-59	56:48	5:41/K
34	John Hazeleger	Embro	43	2 M 60-64	57:33	5:45/K
35	Johannes De Wit		103	1 M 20-29	58:15	5:50/K
36	Royce Laycox	Stratford	30	3 M 60-64	58:28	5:51/K
37	Leo Young	London	119	1 M 75-79	58:33	5:51/K
38	Matthew Mason	Woodstock	112	5 M 30-39	58:52	5:53/K
39	Jenna Scott	Woodstock	48	3 F 30-39	58:54	5:53/K
40	Ken Anderson	Kitchener	35	2 M 75-79	59:58	6:00/K
41	Geoff Galloway	Mossley	40	7 M 50-59	1:00:35	6:04/K
42	Jane Seeley		114	1 F 50-59	1:02:04	6:12/K
43	Melissa Mayer	Waterloo	39	5 F 40-49	1:05:44	6:34/K
44	Ed Wallace		118	2 M 65-69	1:06:31	6:39/K

45	Laura Lee	St. Thomas	45	6 F 40-49	1:09:27	6:57/K
46	William Hoogland		108	3 M 65-69	1:09:31	6:57/K
47	Mary Jane Steele		116	2 F 50-59	1:10:33	7:03/K
5K						
Place	Name	City	Bib No	Age Group Place	Time	Pace
1	Ethan Aarts	Lakeside	63	1st Overall M	17:32	3:30/K
2	Sarah Wismer	Guelph	53	1st Overall F	19:42	3:56/K
3	Harry Bakker	Embros	95	2nd Overall M	20:24	4:05/K
4	Paul Braun	Kitchener	90	3rd Overall M	20:38	4:08/K
5	Gary Hazelegger		193	1 M 30-39	22:25	4:29/K
6	Michael Gibson		17	1 M 60-64	22:34	4:31/K
7	Kennedy Finch	Kintore	60	2nd Overall F	22:37	4:31/K
8	Robert Campbell	Mount Brydges	59	1 M 50-59	22:52	4:34/K
9	Hedzer Bergsma	Embros	2	1 M 0-19	22:55	4:35/K
10	Jeff MacPhail		20	1 M 40-49	23:13	4:39/K
11	Tyler Fronchak		12	1 M 20-29	23:20	4:40/K
12	Gregg Blackler	St. Marys	96	2 M 40-49	23:22	4:40/K
13	Cassandra Parker	London	50	3rd Overall F	23:24	4:41/K
14	David Kloppenburg	Arva	61	2 M 50-59	23:26	4:41/K
15	Brian Luth	St Thomas	84	2 M 30-39	23:28	4:42/K
16	David Gale	London	52	2 M 60-64	23:35	4:43/K
17	Stephen McCotter	St Marys	93	3 M 40-49	23:37	4:43/K
18	Arnold Mantel		21	3 M 60-64	24:09	4:50/K
19	Teresa Novick	London	55	1 F 50-59	24:21	4:52/K
20	Erika Hendrick	Dashwood	18	1 F 30-39	24:23	4:53/K
21	Ron Voakes	St Thomas	27	4 M 60-64	24:30	4:54/K
22	Tammy Whitehead	London	54	2 F 50-59	24:50	4:58/K
23	Mike Thompson	Woodstock	67	2 M 20-29	25:02	5:00/K
24	Dominika Pavlik		23	2 F 30-39	25:37	5:07/K
25	Evelyn Armes	Bright	57	1 F 0-19	25:51	5:10/K
26	Willem Bergsma	Embros	3	2 M 0-19	26:02	5:12/K
27	Bob Dieleman	Woodstock	64	1 M 65-69	26:03	5:13/K
28	Jon Janssens	Woodstock	81	3 M 30-39	27:08	5:26/K
29	Fady Rofail		83	4 M 30-39	27:13	5:27/K
30	Jane Barton	Embros	62	1 F 40-49	27:26	5:29/K
31	Janet Thompson	Woodstock	69	1 F 65-69	27:35	5:31/K
32	Nicole Baarda	London	51	2 F 40-49	27:40	5:32/K
33	Wendy Fraser	Ilderton	65	2 F 65-69	27:57	5:35/K
34	Sye Vandermeulen		25	3 M 50-59	28:08	5:38/K
35	Chris Veldman	Embros	77	5 M 30-39	28:11	5:38/K
36	Sharon Kodde	Granton	78	3 F 40-49	28:31	5:42/K
37	Leslie Galloway	Mossley	106	1 F 20-29	28:35	5:43/K
38	Lauren Voakes		26	3 F 30-39	28:48	5:46/K
39	Lily Barton	Embros	68	2 F 0-19	29:05	5:49/K
40	Sara Wood	Mitchell	91	4 F 30-39	29:19	5:52/K
41	Robert Fraser	Ilderton	66	2 M 65-69	29:20	5:52/K
42	Jessica Janssens	Woodstock	80	5 F 30-39	29:23	5:53/K
43	Paul Novick	London	56	4 M 50-59	29:29	5:54/K
44	Scott Campbell	Stratford	7	3 M 20-29	29:45	5:57/K

45	John Alderman	Lakeside	1	1 M 70-74	29:46	5:57/K
46	Emily Sykes	Stratford	117	2 F 20-29	29:47	5:57/K
47	John McCotter	St Marys	94	3 M 0-19	30:00	6:00/K
48	Leanne Burgin-Ball	Lakeside	5	3 F 50-59	30:01	6:00/K
49	Michelle Brown	London	72	4 F 40-49	30:02	6:00/K
50	Noah Campbell	Embro	89	4 M 0-19	30:09	6:02/K
51	David Farmer	Mississauga	73	2 M 70-74	30:11	6:02/K
52	Craig Campbell	Embro	88	5 M 50-59	30:12	6:02/K
53	Janine Lunn	Belmont	87	5 F 40-49	30:33	6:07/K
54	Emily Hodgins		70	6 F 30-39	31:58	6:24/K
55	Dan Veldman	Embro	82	6 M 50-59	32:24	6:29/K
56	Steve Veldman	Embro	76	5 M 0-19	32:37	6:31/K
57	Katie Davies	Thamesford	92	7 F 30-39	32:41	6:32/K
58	Pete Cunningham	Ingersoll	9	1 M 75-79	32:55	6:35/K
59	Nicole Campbell		6	3 F 20-29	32:58	6:36/K
60	Attie Otten	Embro	22	6 F 40-49	33:16	6:39/K
61	Clark Gibson		14	6 M 0-19	33:18	6:40/K
62	Joel Gibson		15	6 M 30-39	33:18	6:40/K
63	Harold Burgin	St. Marys	4	1 M 80-84	34:11	6:50/K
64	Scott Hodgins		71	4 M 40-49	34:23	6:53/K
65	Clare Cressman	Elmira	8	7 M 50-59	34:38	6:56/K
66	Aedan Gibson		13	7 M 0-19	34:49	6:58/K
67	Laura Gibson		16	8 F 30-39	34:49	6:58/K
68	Sheri Horan	London	74	7 F 40-49	36:18	7:16/K
69	Katherine Cunningham	London	79	4 F 50-59	36:19	7:16/K
70	Tammy Jeffrey-Larder	Ingersoll	58	5 F 50-59	40:07	8:01/K
71	Pam Fradgley	London	11	6 F 50-59	46:59	9:24/K
72	Lloyd Kehoe	London	19	2 M 80-84	53:30	10:42/K

2K Grade 8 and under

Place	Name	City	Bib No	Overall Place	Time	Pace
1	Evan Vanzuilen	New Hamburg	124	1 M	07:36	3:48/K
2	Daniel Ogilvie	Sebringville	132	2 M	07:38	3:49/K
3	Kelly Mantel	Princeton	177	1 F	07:42	3:51/K
4	Zach Houben	Stratford	134	3 M	07:47	3:54/K
5	Jacob Blown		131	4 M	07:51	3:56/K
6	Charles Black		139	5 M	08:02	4:01/K
7	Cerena Aitken-Guigan	St Thomas	127	2 F	08:05	4:03/K
8	Victoria Campbell	Embro	142	3 F	08:10	4:05/K
9	Salome Kodde	Granton	137	4 F	08:15	4:08/K
10	Sydney Cowan	London	130	5 F	08:30	4:15/K
11	Declan McCotter	St Marys	146	6 M	08:34	4:17/K
12	Ryan Galloway	London	135	7 M	08:39	4:20/K
13	Oliver Black	St Marys	140	8 M	08:40	4:20/K
14	Sam Hudson	London	128	9 M	08:45	4:23/K
15	Colton Campbell	Embro	143	10 M	08:47	4:24/K
16	Heather Ogilvie	Sebringville	133	6 F	08:49	4:25/K
17	Kara Luth	St Thomas	85	7 F	08:51	4:26/K
18	Charity Luth	St Thomas	86	8 F	08:53	4:27/K
19	Arthur Douglas		173	11 M	09:08	4:34/K

20	Benjamin Ridder		179	12 M
21	Brooklyn Mayo		181	9 F
22	Grayson Vasson	Ingersoll	144	13 M
23	Seamus McCotter	St Marys	145	14 M
24	James Ridder		180	15 M
25	Rook Johnson	Woodstock	147	16 M
26	Sydney Taylor	Stratford	136	10 F
27	Cecilia Lunn	Belmont	141	11 F
28	Estelle Ball	Lakeside	170	12 F
29	Tyler Brown	London	129	17 M
30	Hailey Baarda	London	125	13 F
31	Emma Ehgoetz		175	14 F
32	James Fleming	Embros	122	18 M
33	Emmy Fleming	Embros	121	19 M
34	Ava Ehgoetz		174	15 F
35	Bryer Fleming	Embros	123	16 F
36	Lindsay Watling	Embros	138	17 F
37	Colton Mayo		182	20 M
38	William Marquis		126	18 F
39	Stacey Rattray		24	19 F
40	Sarah Voakes		178	20 F
41	Heidi Hendrick		176	21 F

09:11	4:36/K
09:24	4:42/K
09:35	4:48/K
09:46	4:53/K
09:50	4:55/K
09:52	4:56/K
10:00	5:00/K
10:02	5:01/K
10:04	5:02/K
10:06	5:03/K
10:22	5:11/K
10:23	5:12/K
10:25	5:13/K
10:28	5:14/K
10:37	5:19/K
10:58	5:29/K
11:02	5:31/K
11:05	5:33/K
12:05	6:03/K
12:10	6:05/K
12:10	6:05/K
12:46	6:23/K