

**Run Around the Square
Overall Finish List
May 11, 2014**

5K

Place	Name	City	Bib No	Gender	Age	Age Group	Plac	Time	Pace
1	Matt Suda	London	335	M	28	**** M 20-29		16:26	3:17/K
2	Phil Dalton	Goderich	159	M	27	**** M 20-29		16:52	3:22/K
3	Ken Gosleigh	Exeter	206	M	46	**** M 40-49		18:13	3:39/K
4	Stephaney Hortian	Kitchener	92	F	26	**** F 20-29		19:30	3:54/K
5	Mary Thompson	Woodstock	340	F	26	**** F 20-29		20:15	4:03/K
6	Emily Yungblut	Wroxeter	369	F	22	**** F 20-29		20:51	4:10/K
7	Ryan Bissett	Goderich	126	M	17	1 M 16-19		20:58	4:12/K
8	Garrett Martin	Ilderton	259	M	14	1 M 0-15		21:01	4:12/K
9	Martin MacKenzie	Ilderton	250	F	16	1 F 16-19		21:12	4:14/K
10	Neil Puska	Goderich	293	M	37	1 M 30-39		21:26	4:17/K
11	Zack Boyd	Brockville	135	M	23	1 M 20-29		21:39	4:20/K
12	Kathy Mantel	Princeton	414	F	46	1 F 40-49		21:42	4:20/K
13	Kevin Garlick	London	192	M	51	1 M 50-59		21:56	4:23/K
14	David Reid	Mitchell	296	M	41	1 M 40-49		22:08	4:26/K
15	Damion Gillard	Goderich	199	M	29	2 M 20-29		22:13	4:27/K
16	Julie Riederer	Chicago	298	F	32	1 F 30-39		22:18	4:28/K
17	Bridget Jeffray	Goderich	33	F	24	1 F 20-29		22:25	4:29/K
18	John Smallwood	Goderich	321	M	68	1 M 60+		22:29	4:30/K
19	Damian Dodd	St. Thomas	167	M	36	2 M 30-39		22:46	4:33/K
20	Kevin McCarthy	Zurich	262	M	58	2 M 50-59		22:50	4:34/K
21	Brian Jeffray	Goderich	224	M	56	3 M 50-59		22:53	4:35/K
22	Scott Miller	Wingham	78	M	35	3 M 30-39		22:56	4:35/K
23	Rebecca Walker	Tavistock	360	F	25	2 F 20-29		22:57	4:35/K
24	Jeff Gole	Goderich	205	M	39	4 M 30-39		23:09	4:38/K
25	Trent Buchanan	Goderich	102	M	13	2 M 0-15		23:23	4:41/K
26	Watson Chris	Goderich	23	M	36	5 M 30-39		23:25	4:41/K
27	Chloe Middegaal	Londesboro	268	F	17	2 F 16-19		23:27	4:41/K
28	Haley Gibson	Lucknow	196	F	12	1 F 0-15		23:39	4:44/K
29	Emily Evans	Goderich	181	F	13	2 F 0-15		23:47	4:45/K
30	Maria Marciano	St. Thomas	256	F	38	2 F 30-39		23:50	4:46/K
31	Mark Coulthard	Goderich	392	M	48	2 M 40-49		23:59	4:48/K
32	Michael Blumhagen	Goderich	131	M	37	6 M 30-39		24:15	4:51/K
33	Bev Jeffray	Goderich	225	F	51	1 F 50-59		24:21	4:52/K
34	Joel Gilbert	Bayfield	198	M	38	7 M 30-39		24:27	4:53/K
35	Stacy Denunzio	Goderich	163	M	35	8 M 30-39		24:31	4:54/K
36	Greg Blackwell	Wingham	91	M	28	3 M 20-29		24:35	4:55/K
37	Heidi Laing	Stratford	242	F	31	3 F 30-39		24:48	4:58/K
38	Alissa Finch	Stratford	187	F	30	4 F 30-39		24:52	4:58/K
39	Rob Daubs	Forest	160	M	61	2 M 60+		24:54	4:59/K
40	Courtney Monk	Londesborough	272	F	18	3 F 16-19		25:12	5:02/K
41	Ralph Rubino	Goderich	303	M	24	4 M 20-29		25:23	5:05/K
42	Dan Veldman	Embro	354	M	51	4 M 50-59		25:26	5:05/K
43	Abby Bos	Blyth	134	F	10	3 F 0-15		25:27	5:05/K
44	Claire Stoecker	Goderich	332	F	13	4 F 0-15		25:28	5:06/K
45	Jarrett Jeffrey	Exeter	227	M	34	9 M 30-39		25:37	5:07/K
46	Julie Sawchuk	Blyth	307	F	40	2 F 40-49		25:40	5:08/K
47	Andrea McGrath Wheatle	Seaforth	264	F	36	5 F 30-39		25:51	5:10/K
48	Bonnie Martin	Ilderton	258	F	44	3 F 40-49		25:57	5:11/K
49	Kylie Kroll	Goderich	241	F	12	5 F 0-15		26:03	5:13/K

50	John Blanchard	Seaforth	129	M	53	5 M 50-59	26:05	5:13/K
51	Amanda Moffat	Lucknow	72	F	32	6 F 30-39	26:05	5:13/K
52	Paul Kroll	Goderich	240	M	41	3 M 40-49	26:06	5:13/K
53	Corinn Caldwell	Clinton	145	F	36	7 F 30-39	26:09	5:14/K
54	Krista Gingerich	Exeter	201	F	40	4 F 40-49	26:11	5:14/K
55	Tricia Denunzio	Goderich	164	F	32	8 F 30-39	26:20	5:16/K
56	Shawn Fair	Goderich	184	M	36	10 M 30-39	26:21	5:16/K
57	Jessie Cepek	Kincardine	378	F	31	9 F 30-39	26:22	5:16/K
58	Jennifer Vandriel	Seaforth	350	F	27	3 F 20-29	26:30	5:18/K
59	Cassie Crawford	Clinton	152	F	29	4 F 20-29	26:39	5:20/K
60	Nathan Crawford	Clinton	153	M	29	5 M 20-29	26:42	5:20/K
61	Theo Sawchuk	Blyth	308	M	45	4 M 40-49	26:43	5:21/K
62	Louise Bursey	Kincardine	13	F	54	2 F 50-59	26:45	5:21/K
63	Brad Murray	Lucknow	25	M	42	5 M 40-49	26:48	5:22/K
64	Jane Spittal	Stratford	84	F	37	10 F 30-39	26:50	5:22/K
65	Megan Veldman	St.Marys	353	F	23	5 F 20-29	26:56	5:23/K
66	Rachel White	Goderich	364	F	28	6 F 20-29	26:56	5:23/K
67	Leila Buchanan	Goderich	143	F	41	5 F 40-49	27:07	5:25/K
68	Laurie Adrien	Georgetown	114	F	36	11 F 30-39	27:09	5:26/K
69	Henry Bos	Blyth	105	M	37	11 M 30-39	27:09	5:26/K
70	Jonathan Lamoureux	Goderich	26	M	22	6 M 20-29	27:10	5:26/K
71	Jonathan Van Beek	Goderich	345	M	37	12 M 30-39	27:10	5:26/K
72	Jordan Jeffrey	Zurich	226	M	32	13 M 30-39	27:10	5:26/K
73	Dave Jewitt	Clinton	82	M	49	6 M 40-49	27:11	5:26/K
74	Teresa McCabe	Clinton	8	F	42	6 F 40-49	27:12	5:26/K
75	Cathy Pennington	Kincardine	287	F	43	7 F 40-49	27:17	5:27/K
76	Mike Scott	Blyth	311	M	57	6 M 50-59	27:24	5:29/K
77	Karson Bross	Wingham	140	M	14	3 M 0-15	27:31	5:30/K
78	Mike Thompson	Woodstock	339	M	19	2 M 16-19	27:35	5:31/K
79	Sarah Campbell	Belgrave	396	F	36	12 F 30-39	27:41	5:32/K
80	Hicks Kaylan	Lucknow	232	F	26	7 F 20-29	27:41	5:32/K
81	Scott Campbell	Goderich	81	M	48	7 M 40-49	27:43	5:33/K
82	Tammy Dray	London	62	F	43	8 F 40-49	27:46	5:33/K
83	Amy Patterson	Lucan	284	F	34	13 F 30-39	27:47	5:33/K
84	Victoria Davidson	Exeter	161	F	16	4 F 16-19	27:50	5:34/K
85	Tammy Dickins	Exeter	166	F	42	9 F 40-49	27:51	5:34/K
86	Melodie McClure	Stratford	263	F	49	10 F 40-49	27:55	5:35/K
87	Jenna Van Osch	Goderich	348	F	26	8 F 20-29	27:55	5:35/K
88	Janet Thompson	Woodstock	338	F	63	1 F 60+	27:59	5:36/K
89	Carol Bruinsma	Clinton	370	F	34	14 F 30-39	28:01	5:36/K
90	Amanda Dekker	Goderich	14	F	33	15 F 30-39	28:01	5:36/K
91	Mark Bennett	Goderich	124	M	44	8 M 40-49	28:02	5:36/K
92	Linda Smits	Wingham	322	F	47	11 F 40-49	28:11	5:38/K
93	Hannah Uyl	Blyth	344	F	22	9 F 20-29	28:11	5:38/K
94	Dianne Wolfe	Goderich	366	F	72	2 F 60+	28:12	5:38/K
95	Ally Gerber	Hensall	194	F	18	5 F 16-19	28:15	5:39/K
96	Vicki Carter	Clinton	147	F	34	16 F 30-39	28:17	5:39/K
97	Sandra Hoggart	Londesboro	218	F	31	17 F 30-39	28:20	5:40/K
98	Shannon Kucan	Wingham	43	F	33	18 F 30-39	28:22	5:40/K
99	Melissa Wormington	Goderich	70	F	34	19 F 30-39	28:23	5:41/K
100	Susanna Reid	Goderich	295	F	46	12 F 40-49	28:27	5:41/K
101	Andrea Kramer	Goderich	239	F	27	10 F 20-29	28:27	5:41/K
102	Geoff King	Clinton	237	M	53	7 M 50-59	28:28	5:42/K
103	Coralie Dykstra	Clinton	178	F	36	20 F 30-39	28:31	5:42/K
104	Murray Carey	Holyrood	388	F	39	21 F 30-39	28:34	5:43/K

105	Emily Brouse	Caledon East	141	F	26	11 F 20-29	28:35	5:43/K
106	Jenna Gibbings	Walton	195	F	27	12 F 20-29	28:38	5:44/K
107	Kate-Lin Douglas	St Marys	169	F	19	6 F 16-19	28:40	5:44/K
108	Veronica Silvester	London	319	F	12	6 F 0-15	28:42	5:44/K
109	Helen Van Osch	Lucknow	111	F	49	13 F 40-49	28:43	5:45/K
110	Gautreau Brandon	Clinton	138	M	19	3 M 16-19	28:46	5:45/K
111	Wanda Silvester	London	318	F	41	14 F 40-49	28:48	5:46/K
112	Wendi Steinmann	Zurich	328	F	39	22 F 30-39	28:52	5:46/K
113	Kirsty Currie	London	34	F	26	13 F 20-29	28:55	5:47/K
114	Beth Mitchell	Parkhill	271	F	37	23 F 30-39	28:57	5:47/K
115	Lori Sagggers	Bayfield	306	F	32	24 F 30-39	29:00	5:48/K
116	Lori Kennedy	Clinton	233	F	35	25 F 30-39	29:01	5:48/K
117	Dana Starling	London	326	F	25	14 F 20-29	29:04	5:49/K
118	Mary Ondrejicka	Exeter	279	F	53	3 F 50-59	29:04	5:49/K
119	Michaela Ondrejicka	Exeter	278	F	20	15 F 20-29	29:05	5:49/K
120	Rachael Aaltink	Uxbridge	113	F	30	26 F 30-39	29:05	5:49/K
121	Amber Hendry	Tiverton	215	F	31	27 F 30-39	29:08	5:50/K
122	Laura Blackmore	Goderich	7	F	37	28 F 30-39	29:24	5:53/K
123	Bev Andrews	Goderich	97	F	34	29 F 30-39	29:25	5:53/K
124	Stephanie Andrews	Auburn	112	F	32	30 F 30-39	29:25	5:53/K
125	Angie Hogg	Winhgam	22	F	36	31 F 30-39	29:27	5:53/K
126	Jennifer Cook	Goderich	88	F	38	32 F 30-39	29:27	5:53/K
127	Mike Kettlewell	Woodstock	235	M	43	9 M 40-49	29:35	5:55/K
128	Skye Peck	Bayfield	286	F	33	33 F 30-39	29:35	5:55/K
129	Egli Gillian	Blyth	200	F	34	34 F 30-39	29:38	5:56/K
130	Christopher Finch	Stratford	188	M	33	14 M 30-39	29:39	5:56/K
131	Laurie Tichbourne	London	343	F	53	4 F 50-59	29:41	5:56/K
132	Sandra Medd	St. Marys	267	F	42	15 F 40-49	29:42	5:56/K
133	Megan Frayne	Goderich	6	F	30	35 F 30-39	29:42	5:56/K
134	Angela Schneider	Goderich	12	F	45	16 F 40-49	29:49	5:58/K
135	Hilary Warren	London	362	F	21	16 F 20-29	29:49	5:58/K
136	Charlie Peterson	Stratford	288	M	68	3 M 60+	29:52	5:58/K
137	Megan Adams	Kincardine	35	F	30	36 F 30-39	29:53	5:59/K
138	Lorraine Blake	London	127	F	32	37 F 30-39	29:53	5:59/K
139	Lindsay Johnston	Teeswater	229	F	34	38 F 30-39	29:56	5:59/K
140	Jackie Forbeck	Stratford	189	F	45	17 F 40-49	29:58	6:00/K
141	Shelley King	Clinton	236	F	52	5 F 50-59	30:01	6:00/K
142	Erma Weernink	Bayfield	363	F	48	18 F 40-49	30:01	6:00/K
143	Clare Fuller	Goderich	191	F	31	39 F 30-39	30:07	6:01/K
144	Cathy Wade	Goderich	358	F	37	40 F 30-39	30:15	6:03/K
145	Julie Gole	Goderich	204	F	34	41 F 30-39	30:16	6:03/K
146	Jeff Cranston	Lucknow	151	M	34	15 M 30-39	30:16	6:03/K
147	Kendra Hopper	Wingham	17	F	35	42 F 30-39	30:17	6:03/K
148	Kyle Schlosser	Bluevale	309	M	26	7 M 20-29	30:17	6:03/K
149	Cathy Renon	Goderich	48	F	35	43 F 30-39	30:18	6:04/K
150	Nellie Maliszewski	Leonard MI	251	F	59	6 F 50-59	30:20	6:04/K
151	Jared Adams	Kincardine	36	M	30	16 M 30-39	30:20	6:04/K
152	Shannon Wagner	Toronto	19	F	30	44 F 30-39	30:22	6:04/K
153	Kate Puska	Goderich	292	F	35	45 F 30-39	30:30	6:06/K
154	Janet Ducharme	Goderich	175	F	44	19 F 40-49	30:33	6:07/K
155	Sarah Brown	Goderich	142	F	28	17 F 20-29	30:38	6:08/K
156	Elizabeth O'Rourke	Mitchell	281	F	42	20 F 40-49	30:39	6:08/K
157	John Fodor	London	63	M	49	10 M 40-49	30:39	6:08/K
158	Graham Waddell	Komoka	356	M	38	17 M 30-39	30:40	6:08/K
159	Harold Burgin	St. Marys	144	M	75	4 M 60+	30:42	6:08/K

160	Karen Lajeunesse	Goderich	244	F	36	46 F 30-39	30:43	6:09/K
161	Kelsey Vandenheede	Dashwood	349	F	24	18 F 20-29	30:47	6:09/K
162	Melo Erin	Clinton	49	F	36	47 F 30-39	30:48	6:10/K
163	Laura Bilcke	Centralia	125	F	28	19 F 20-29	30:54	6:11/K
164	Robin Hammond	Hensall	211	F	26	20 F 20-29	30:54	6:11/K
165	Sue Gautreau	Clinton	193	F	49	21 F 40-49	31:06	6:13/K
166	Lyndsey Brosens	Clinton	395	F	23	21 F 20-29	31:06	6:13/K
167	Barry Arnott	Forest	118	M	66	5 M 60+	31:13	6:15/K
168	Jane Seifried	Bayfield	313	F	40	22 F 40-49	31:14	6:15/K
169	Brooke Bos	Blyth	133	F	15	7 F 0-15	31:20	6:16/K
170	Arden Farrow	Blyth	185	F	50	7 F 50-59	31:20	6:16/K
171	Elissa Draper	Goderich	174	F	33	48 F 30-39	31:24	6:17/K
172	Richard Denise	London	162	F	42	23 F 40-49	31:24	6:17/K
173	Larry Parsons	Goderich	283	M	51	8 M 50-59	31:25	6:17/K
174	Rebecca Newton	Stratford	277	F	33	49 F 30-39	31:27	6:17/K
175	Sadie Squires	Blyth	324	F	10	8 F 0-15	31:29	6:18/K
176	Robyn Illemann	Goderich	223	F	31	50 F 30-39	31:32	6:18/K
177	Kaitlyn Dowler	Lucknow	171	F	13	9 F 0-15	31:33	6:19/K
178	Rob Renon	Goderich	297	M	37	18 M 30-39	31:37	6:19/K
179	Alyssa Blanchard	Goderich	128	F	16	7 F 16-19	31:44	6:21/K
180	Julie Lyon	Ripley	249	F	33	51 F 30-39	31:44	6:21/K
181	Marguerite Van Drunen	Seaforth	347	F	56	8 F 50-59	31:46	6:21/K
182	Holly Culbert	Goderich	154	F	29	22 F 20-29	31:47	6:21/K
183	Caitlin Vandenheuvel	Goderich	28	F	30	52 F 30-39	31:47	6:21/K
184	Kelly Sutton	Wingham	20	F	34	53 F 30-39	31:48	6:22/K
185	Moira Stoecker	Goderich	331	F	17	8 F 16-19	31:49	6:22/K
186	Angela Bross	Wingham	139	F	40	24 F 40-49	31:50	6:22/K
187	Phil Armstrong	Tiverton	116	M	61	6 M 60+	31:50	6:22/K
188	Brittany Boyce	Goderich	44	F	18	9 F 16-19	31:54	6:23/K
189	Tabitha Steckle	Zurich	66	F	35	54 F 30-39	31:56	6:23/K
190	Lisa Goetz	London	87	F	31	55 F 30-39	32:10	6:26/K
191	Dawn Hastings	Brussels	89	F	40	25 F 40-49	32:14	6:27/K
192	Phaedra Scott	Blyth	310	F	14	10 F 0-15	32:15	6:27/K
193	Ally Henry	Blyth	216	F	14	11 F 0-15	32:16	6:27/K
194	Brenda McIntosh	Kincardine	18	F	50	9 F 50-59	32:18	6:28/K
195	Savannah Vanraes	London	351	F	27	23 F 20-29	32:19	6:28/K
196	Lori Cunningham	Owen Sound	156	F	42	26 F 40-49	32:20	6:28/K
197	Anette McTaggart	Clinton	266	F	46	27 F 40-49	32:25	6:29/K
198	Coffey Julia	Stratford	231	F	45	28 F 40-49	32:25	6:29/K
199	Allison Stoecker	Goderich	330	F	48	29 F 40-49	32:32	6:30/K
200	Amanda Sinclair	Goderich	320	F	35	56 F 30-39	32:32	6:30/K
201	Amanda Gleeson	Lucknow	371	F	31	57 F 30-39	32:33	6:31/K
202	Heather Hastings	Brussels	90	F	13	12 F 0-15	32:40	6:32/K
203	Wendy Crittenden	Goderich	27	F	56	10 F 50-59	32:46	6:33/K
204	Debbie Miller	Goderich	10	F	46	30 F 40-49	32:47	6:33/K
205	Cheri Hoggart	Mitchell	39	F	41	31 F 40-49	32:52	6:34/K
206	Gibson Glen	Lucknow	203	M	47	11 M 40-49	32:54	6:35/K
207	Jennette Walker	Zurich	359	F	33	58 F 30-39	32:55	6:35/K
208	Monica Walker-Bolton	Goderich	361	F	37	59 F 30-39	33:12	6:38/K
209	Danielle Holland	Goderich	219	F	34	60 F 30-39	33:12	6:38/K
210	Denise Evans	Goderich	182	F	32	61 F 30-39	33:12	6:38/K
211	Wendy Million	Hamilton	270	F	35	62 F 30-39	33:13	6:39/K
212	Amanda Sobecki	Goderich	323	F	32	63 F 30-39	33:21	6:40/K
213	Tracey Peters	Goderich	38	F	51	11 F 50-59	33:26	6:41/K
214	Madison McLean	Goderich	54	F	16	10 F 16-19	33:26	6:41/K

215	Samantha Hodges	Goderich	52	F	18	11 F 16-19	33:30	6:42/K
216	Amanda Beddow	Goderich	121	F	35	64 F 30-39	33:38	6:44/K
217	Jo Ann Thatcher	Bayfield	65	F	57	12 F 50-59	33:42	6:44/K
218	Kim Hogan	Goderich	217	F	34	65 F 30-39	33:46	6:45/K
219	Lisa Vozza	Petrolia	474	F	33	66 F 30-39	33:46	6:45/K
220	Carrie Meriam	Goderich	9	F	35	67 F 30-39	33:47	6:45/K
221	Michelle Hodges	Goderich	31	F	41	32 F 40-49	33:53	6:47/K
222	Mikayla Dowler	Lucknow	170	F	13	13 F 0-15	33:56	6:47/K
223	Julie Mann	Lucknow	254	F	36	68 F 30-39	33:56	6:47/K
224	Allison Palmer	Tiverton	71	F	23	24 F 20-29	33:58	6:48/K
225	Jordanna Shular	Lucknow	317	F	32	69 F 30-39	34:08	6:50/K
226	Jacquie McGregor	Clinton	265	F	44	33 F 40-49	34:14	6:51/K
227	Justin Harvey	London	213	M	29	8 M 20-29	34:17	6:51/K
228	MacKenzie Bolander	Lucknow	132	F	13	14 F 0-15	34:26	6:53/K
229	Stacey Glousher	Goderich	1	F	26	25 F 20-29	34:30	6:54/K
230	Lindsey Rundle	Lucan	305	F	27	26 F 20-29	34:31	6:54/K
231	Melissa Seguin	Goderich	312	F	29	27 F 20-29	34:32	6:54/K
232	Katrina L Greidanus	Londesborough	208	F	29	28 F 20-29	34:32	6:54/K
233	Lisa Harvey	Goderich	69	F	34	70 F 30-39	34:33	6:55/K
234	Jennifer Garnier	Goderich	76	F	40	34 F 40-49	34:36	6:55/K
235	Jessica Yungblut	Ripley	368	F	34	71 F 30-39	34:49	6:58/K
236	Slaght Carol	Willow Beach	68	F	48	35 F 40-49	34:59	7:00/K
237	Hillary Duenk	Goderich	176	F	22	29 F 20-29	35:26	7:05/K
238	Vanessa Brown	London	57	F	28	30 F 20-29	35:29	7:06/K
239	Wanda Marshall	Blyth	257	F	49	36 F 40-49	35:38	7:08/K
240	Tammy Murray	Lucknow	24	F	41	37 F 40-49	35:39	7:08/K
241	Jennifer McLachlan	Clinton	46	F	37	72 F 30-39	35:41	7:08/K
242	Matt Needham	Tiverton	80	M	26	9 M 20-29	35:41	7:08/K
243	Julie Hohner	Clinton	2	F	39	73 F 30-39	35:45	7:09/K
244	Cary Gilbert	Bayfield	197	F	36	74 F 30-39	35:51	7:10/K
245	Kyla Bradley	Seaforth	136	F	29	31 F 20-29	35:53	7:11/K
246	Pamela Shewan	Dublin	315	F	40	38 F 40-49	36:02	7:12/K
247	Kelly Thomson	Lucknow	342	F	35	75 F 30-39	36:03	7:13/K
248	Erin Van Diepenbeek	Goderich	50	F	30	76 F 30-39	36:09	7:14/K
249	Mark Van Diepenbeek	Goderich	51	M	34	19 M 30-39	36:10	7:14/K
250	Jennifer Middleditch	Zurich	269	F	29	32 F 20-29	36:17	7:15/K
251	Ron Downey	Woodstock	173	M	30	20 M 30-39	36:18	7:16/K
252	Karen Rollins-Benetea	London	300	F	47	39 F 40-49	36:20	7:16/K
253	Anne Ferguson	Goderich	186	F	38	77 F 30-39	36:21	7:16/K
254	Deb Zondervan	Goderich	94	F	43	40 F 40-49	36:23	7:17/K
255	Marg Anderson	Londesboro	61	F	56	13 F 50-59	36:27	7:17/K
256	Tammy Elliott	Clinton	179	F	40	41 F 40-49	36:28	7:18/K
257	Darlene Hymers	Clinton	222	F	46	42 F 40-49	36:28	7:18/K
258	Storey Nancy	Clinton	276	F	57	14 F 50-59	36:28	7:18/K
259	Krista Fry	Ripley	190	F	35	78 F 30-39	36:36	7:19/K
260	Marnel Muller	Goderich	274	F	20	33 F 20-29	36:51	7:22/K
261	Arnold Muller	Goderich	275	M	54	9 M 50-59	36:51	7:22/K
262	Janelle Krug	Sebringville	110	F	27	34 F 20-29	37:03	7:25/K
263	Katherine Maguire	London	77	F	28	35 F 20-29	37:08	7:26/K
264	Joanne Kernighan	Goderich	234	F	41	43 F 40-49	37:24	7:29/K
265	Krista McAlpine	Ailsa Craig	261	F	35	79 F 30-39	37:36	7:31/K
266	Sara Grainger	Clinton	75	F	26	36 F 20-29	37:37	7:31/K
267	Ange Chester	Wingham	149	F	30	80 F 30-39	37:44	7:33/K
268	Brooke Riley	Belgrave	299	F	29	37 F 20-29	37:46	7:33/K
269	Tammy Volland	Goderich	355	F	38	81 F 30-39	37:48	7:34/K

270	Elizabeth Walper-Gladston	Grand Bend	85	F	50	15 F 50-59	37:49	7:34/K
271	Jodi Pentecost	Parkhill	86	F	29	38 F 20-29	37:49	7:34/K
272	Bonnie Stewardson	Lambton Shores	329	F	34	82 F 30-39	37:50	7:34/K
273	Melissa Arnold	Ripley	117	F	31	83 F 30-39	37:50	7:34/K
274	Sara Harper	Ripley	212	F	34	84 F 30-39	37:55	7:35/K
275	Teresa Ondrejicka	Goderich	280	F	56	16 F 50-59	38:00	7:36/K
276	Christa Glazier	Teeswater	202	F	37	85 F 30-39	38:07	7:37/K
277	Schmitz Carmen	Bayfield	146	F	31	86 F 30-39	38:08	7:38/K
278	Ang Sproul	Dungannon	106	F	35	87 F 30-39	38:35	7:43/K
279	Nancy Pilcher	Kincardine	290	F	49	44 F 40-49	38:38	7:44/K
280	Liz Chamas	Goderich	148	F	44	45 F 40-49	39:06	7:49/K
281	Heather McGugan	Lucknow	374	F	29	39 F 20-29	39:07	7:49/K
282	Ken Costello	Goderich	99	M	28	10 M 20-29	39:12	7:50/K
283	Catherine Costello	Goderich	101	F	26	40 F 20-29	39:12	7:50/K
284	Tina Pokrywka	Goderich	291	F	36	88 F 30-39	39:17	7:51/K
285	Tanya Johnston	Clinton	230	F	52	17 F 50-59	39:36	7:55/K
286	Susan Curran	Goderich	157	F	45	46 F 40-49	39:46	7:57/K
287	Bonnie Hastings	Brussels	53	F	42	47 F 40-49	39:53	7:59/K
288	Sybil Cummings	Goderich	155	F	66	3 F 60+	40:02	8:00/K
289	Judy Lajeunesse	Goderich	21	F	59	18 F 50-59	40:03	8:01/K
290	Cayer Kristy	Goderich	32	F	35	89 F 30-39	40:13	8:03/K
291	Lisa Jones	Ilderton	83	F	40	48 F 40-49	40:20	8:04/K
292	Rachel Morrison	Goderich	273	F	30	90 F 30-39	40:35	8:07/K
293	Jane Rundle	Woodham	304	F	51	19 F 50-59	40:36	8:07/K
294	Kaylene Groot	Woodham	209	F	25	41 F 20-29	40:37	8:07/K
295	Maryanne Hayter	Bayfield	372	F	32	91 F 30-39	40:50	8:10/K
296	Dianne McFadzean	Seaforth	373	F	57	20 F 50-59	40:53	8:11/K
297	Ron Shier	Ingersoll	316	M	78	7 M 60+	41:02	8:12/K
298	Pat Hall	Goderich	210	F	64	4 F 60+	41:19	8:16/K
299	Joan Austin	Goderich	119	F	37	92 F 30-39	41:26	8:17/K
300	Kimberley Payne	Goderich	11	F	53	21 F 50-59	41:36	8:19/K
301	Katie Doherty	New Hamburg	67	F	27	42 F 20-29	41:55	8:23/K
302	Amy Fay	Goderich	103	F	49	49 F 40-49	42:06	8:25/K
303	Walsh Donna	Blyth	64	F	56	22 F 50-59	42:35	8:31/K
304	Jennifer Hubbard	Londesborough	221	F	31	93 F 30-39	43:03	8:37/K
305	Sarah Martin	Lucknow	260	F	15	15 F 0-15	43:11	8:38/K
306	Julie Hornsby	Bayfield	220	F	46	50 F 40-49	43:14	8:39/K
307	Marion Taylor	Grand Bend	337	F	49	51 F 40-49	43:23	8:41/K
308	Kelli Regier	Zurich	294	F	41	52 F 40-49	43:33	8:43/K
309	Christine Poelman	Clinton	93	F	45	53 F 40-49	43:56	8:47/K
310	Jim Kitching	St. Marys	238	M	68	8 M 60+	44:03	8:49/K
311	Paula Phillips	Clinton	289	F	45	54 F 40-49	44:25	8:53/K
312	Mary Williams	Goderich	365	F	32	94 F 30-39	45:22	9:04/K
313	Amber-Leigh Durand	Goderich	98	F	27	43 F 20-29	45:25	9:05/K
314	Angie Elphick	Ripley	180	F	35	95 F 30-39	45:28	9:06/K
315	Nicole Dore	Kitchener	168	F	31	96 F 30-39	45:43	9:09/K
316	Suzanne Renon	Goderich	56	F	38	97 F 30-39	47:09	9:26/K
317	Jo-Ann Blay-Rowan	Goderich	130	F	56	23 F 50-59	47:48	9:34/K
318	Edina Fair	Goderich	183	F	33	98 F 30-39	47:48	9:34/K
319	Grayson Waddell-Zeps	Komoka	357	M	12	4 M 0-15	48:25	9:41/K
320	Veronica Stevenson	Bluevale	58	F	41	55 F 40-49	48:53	9:47/K
321	Maryke Meyer	Goderich	73	F	30	99 F 30-39	48:59	9:48/K
322	Janet Keys	Seaforth	3	F	45	56 F 40-49	49:31	9:54/K
323	Barbara Power	Kincardine	104	F	57	24 F 50-59	49:33	9:55/K
324	Justine Van Drunen	Seaforth	346	F	28	44 F 20-29	50:19	10:04/K

325	Marg Van Nynatten	Sebringville	109	F	53	25 F 50-59	50:23	10:05/K
326	David Adshead	Goderich	29	M	26	11 M 20-29	50:26	10:05/K
327	Vanessa Harrow	Goderich	41	F	26	45 F 20-29	50:27	10:05/K
328	Eric Watt	Kincardine	107	M	34	21 M 30-39	50:31	10:06/K
329	Rhonda Fritzley	Goderich	40	F	32	100 F 30-39	50:31	10:06/K
330	Judy Martens	Goderich	42	F	61	5 F 60-98	50:31	10:06/K
331	Stephen Mann	Lucknow	253	M	57	10 M 50-59	52:03	10:25/K
332	Kim Vanstone	Goderich	59	F	50	26 F 50-59	52:15	10:27/K
333	Marilyn Miltenburg	Lucknow	79	F	54	27 F 50-59	52:15	10:27/K
334	Shawn Loughlin	Goderich	246	M	31	22 M 30-39	52:25	10:29/K
335	Jessica Mann	Lucknow	255	F	28	46 F 20-29	52:33	10:31/K
336	Cheryl Dunn	Goderich	177	F	49	57 F 40-49	53:20	10:40/K
337	Jessica Witherspoon	Goderich	480	F	29	47 F 20-29	53:20	10:40/K
338	Susan Gower	Goderich	207	F	71	6 F 60+	56:26	11:17/K
339	Bob Shepherd	Goderich	314	M	77	9 M 60+	56:31	11:18/K
340	Rose Loughlin	Oshawa	247	F	60	7 F 60+	57:16	11:27/K
341	Lynne Mann	Lucknow	252	F	54	28 F 50-59	57:40	11:32/K
342	Cynthia Strickland	Goderich	333	F	50	29 F 50-59	58:00	11:36/K
343	Mark Strickland	Goderich	334	M	51	11 M 50-59	58:00	11:36/K
344	Quinn Ross	Bayfield	462	M	38	23 M 30-39	1:00:49	12:10/K
345	Erin Ross	Bayfield	301	F	36	101 F 30-39	1:00:49	12:10/K
346	Heather Ross	Bayfield	302	F	64	8 F 60+	1:00:50	12:10/K
347	Nancy Pearce	Stratford	285	F	46	58 F 40-49	1:01:01	12:12/K
348	Marj Coulthard	Stratford	150	F	70	9 F 60+	1:01:03	12:13/K
349	Debbie Bell	Goderich	30	F	57	30 F 50-59	1:02:36	12:31/K
350	Jan Vogel	Goderich	95	F	59	31 F 50-59	1:02:46	12:33/K
351	Robyn Ross	Goderich	55	F	57	32 F 50-59	1:02:46	12:33/K

10K

Place	Name	City	Bib No	Gender	Age	Age Group	Plac	Time	Pace
1	Seth Marcaccio	London	453	M	19	**** M 0-19		33:32	3:21/K
2	Drew MacAulay	Goderich	446	M	38	**** M 30-39		36:00	3:36/K
3	Lubos Pavlik	London	437	M	31	**** M 30-39		36:12	3:37/K
4	Dana Riederer	Chicago	460	M	32	1 M 30-39		36:29	3:39/K
5	Matthew Boven	Auburn	394	M	22	1 M 20-29		42:08	4:13/K
6	Philip Paquette	Bayfield	459	M	59	1 M 50-59		43:15	4:20/K
7	Henry Drost	Woodstock	412	M	56	2 M 50-59		43:27	4:21/K
8	Shane Webster	London	420	M	36	2 M 30-39		43:45	4:23/K
9	Luke Shephard	Clinton	465	M	42	1 M 40-49		44:31	4:27/K
10	Jon-Michael Falconer	Mitchell	427	M	31	3 M 30-39		44:40	4:28/K
11	Jeff Mathers	Grand Bend	454	M	42	2 M 40-49		46:25	4:39/K
12	Tony Wakelin	Bayfield	475	M	60	1 M 60+		46:43	4:40/K
13	Dylan Walton	Blyth	376	M	16	1 M 0-19		46:51	4:41/K
14	Haydn Gibson	Lucknow	434	M	15	2 M 0-19		47:07	4:43/K
15	Arnold Mantel	Princeton	413	M	55	3 M 50-59		47:34	4:45/K
16	Diana Teal	Goderich	409	F	38	**** F 30-39		47:46	4:47/K
17	Don Pinksen	Guelph	381	M	59	4 M 50-59		47:47	4:47/K
18	Tara Kleuskens	Goderich	428	F	44	**** F 40-49		48:07	4:49/K
19	Tom Fincher	Goderich	429	M	53	5 M 50-59		48:20	4:50/K
20	Mark Saggars	Bayfield	463	M	30	4 M 30-39		48:21	4:50/K
21	Randy Wright	Goderich	435	M	47	3 M 40-49		48:24	4:50/K
22	Kerri Meier	Brussels	457	F	28	**** F 20-29		48:29	4:51/K
23	Laura Blackwell	Wingham	393	F	29	1 F 20-29		48:30	4:51/K
24	Darrell Uhler	Wroxeter	389	M	36	5 M 30-39		48:37	4:52/K
25	Jackie Fischer	Lucknow	417	F	26	2 F 20-29		50:21	5:02/K

26	Jamie-Lynn Hauss	Tavistock	447	F	38	1 F 30-39	50:23	5:02/K
27	Alexis Kirk	Chesley	449	F	33	2 F 30-39	50:35	5:04/K
28	Melissa Beacom	Egmondville	379	F	28	3 F 20-29	50:46	5:05/K
29	Amanda Steeper	Parkhill	408	F	27	4 F 20-29	52:12	5:13/K
30	Linda Jones	London	424	F	65	1 F 60+	52:17	5:14/K
31	Nancy Mayhew	Clinton	380	F	42	1 F 40-49	52:20	5:14/K
32	Slaght Richard	Willow Beach	397	M	56	6 M 50-59	52:35	5:16/K
33	Leo Young	London	482	M	70	2 M 60+	52:44	5:16/K
34	Annette De Wit	Sebringville	407	F	29	5 F 20-29	52:57	5:18/K
35	Brent Gladstone	Grand Bend	415	M	47	4 M 40-49	53:42	5:22/K
36	Brenda Carey	Blyth	399	F	45	2 F 40-49	53:45	5:23/K
37	Dawn Fincher	Goderich	391	F	48	3 F 40-49	53:48	5:23/K
38	Christine Coulthard	Goderich	422	F	48	4 F 40-49	53:49	5:23/K
39	Shelley Shephard	Clinton	464	F	41	5 F 40-49	54:11	5:25/K
40	Don Kirkpatrick	Stratford	445	M	57	7 M 50-59	54:13	5:25/K
41	Sandra Bos	Blyth	436	F	35	3 F 30-39	54:31	5:27/K
42	David Shewan	Dublin	466	M	15	3 M 0-19	54:32	5:27/K
43	Bonnie Janmaat	Seaforth	406	F	57	1 F 50-59	54:43	5:28/K
44	Ali Frayne	Goderich	430	F	20	6 F 20-29	54:53	5:29/K
45	Cathy Staehli	Lucknow	467	F	61	2 F 60+	54:54	5:29/K
46	Cathy Hulley	Seaforth	443	F	56	2 F 50-59	55:03	5:30/K
47	Erin Grandmaison	Goderich	426	F	35	4 F 30-39	55:15	5:32/K
48	Annie Houben	Stratford	402	F	60	3 F 60+	55:42	5:34/K
49	Nick Jasper	Goderich	448	M	32	6 M 30-39	55:57	5:36/K
50	Heather Padfield	Kincardine	425	F	46	6 F 40-49	56:07	5:37/K
51	Peggy Morley	Goderich	421	F	34	5 F 30-39	56:33	5:39/K
52	Fran Roelands	Ailsa Craig	461	F	54	3 F 50-59	56:43	5:40/K
53	Bob McClure	Chesley	455	M	36	7 M 30-39	56:53	5:41/K
54	Mj McClure	Stratford	456	F	45	7 F 40-49	56:53	5:41/K
55	Brants Tracy	Strathroy	468	F	43	8 F 40-49	56:57	5:42/K
56	Cathy Gibson	Lucknow	438	F	48	9 F 40-49	57:11	5:43/K
57	Rachel Lynn	Goderich	418	F	33	6 F 30-39	57:13	5:43/K
58	Melissa Perala	Tiverton	439	F	31	7 F 30-39	57:15	5:44/K
59	Nicole Van Gaalen	Clinton	471	F	19	1 F 0-19	58:12	5:49/K
60	Dore Daryl	Kitchener	400	M	35	8 M 30-39	58:18	5:50/K
61	Lisa Bell	Lucan	451	F	36	8 F 30-39	59:17	5:56/K
62	Lesley Papple	Lucan	458	F	38	9 F 30-39	59:18	5:56/K
63	Kristin Van Gaalen	Clinton	470	F	21	7 F 20-29	59:21	5:56/K
64	Kelly Campbell	Goderich	403	F	49	10 F 40-49	59:28	5:57/K
65	Karen MacPhee	Goderich	405	F	30	10 F 30-39	1:00:26	6:03/K
66	Linda Vanmaar	Clinton	5	F	53	4 F 50-59	1:00:33	6:03/K
67	Dore Troy	Teewater	469	M	31	9 M 30-39	1:00:59	6:06/K
68	Dana Bernhardt	Waterloo	386	F	36	11 F 30-39	1:01:09	6:07/K
69	Karen Hernandez	London	441	F	48	11 F 40-49	1:01:22	6:08/K
70	Tanya Berendsen	St. Pauls	383	F	33	12 F 30-39	1:02:08	6:13/K
71	Charlene Pinksen	Guelph	382	F	57	5 F 50-59	1:02:35	6:16/K
72	Bill Rowan	Zurich	411	M	61	3 M 60+	1:04:37	6:28/K
73	Andrzej Kluz	Seaforth	440	M	32	10 M 30-39	1:05:49	6:35/K
74	Colleen Waring	London	377	F	34	13 F 30-39	1:05:52	6:35/K
75	Jennifer Cavanagh	Ailsa Craig	398	F	43	12 F 40-49	1:06:30	6:39/K
76	Jackie Dwyer	Ailsa Craig	416	F	37	14 F 30-39	1:06:32	6:39/K
77	Cheryl Garniss	Wingham	433	F	33	15 F 30-39	1:08:05	6:49/K
78	Agnes Kluz	Seaforth	432	F	34	16 F 30-39	1:08:33	6:51/K
79	Kate Jasper	Goderich	444	F	33	17 F 30-39	1:08:34	6:51/K
80	Debbie Garlick	London	431	F	52	6 F 50-59	1:08:54	6:53/K

81	Maureen Wicks	Kettle Point	478	F	60	4 F 60+	1:10:46	7:05/K
82	Kelly Wicks	St. Thomas	479	F	29	8 F 20-29	1:10:46	7:05/K
83	Caroline Thuss	Goderich	419	F	36	18 F 30-39	1:14:10	7:25/K
84	Julie Begeman	Goderich	384	F	51	7 F 50-59	1:15:20	7:32/K
85	Ron Dore	Teeswater	410	M	61	4 M 60+	1:15:59	7:36/K
86	Wendy Dayman	Bayfield	404	F	41	13 F 40-49	1:17:10	7:43/K
87	Brenda Kitching	St. Marys	450	F	64	5 F 60+	1:20:35	8:04/K