

**Gala Days, Ailsa Craig, ON**  
**July 16, 2017**  
**Results By [www.runninggoals.ca](http://www.runninggoals.ca)**

<b>10K</b>			
<b>Place</b>	<b>Name</b>	<b>Time</b>	<b>Pace</b>
1	Michael Boyle	42:55	4:18/K
2	Jeff Watson	51:39	5:10/K
3	Lindsay Thompson	55:21	5:32/K
4	Steve Stewart	55:21	5:32/K
5	Melissa Whiteford	58:46	5:53/K
6	Carol Whiteford	58:46	5:53/K
7	Jenni Johnson	1:11:13	7:07/K
8	Jennifer Cavanagh	1:11:14	7:07/K
<b>5K</b>			
<b>Place</b>	<b>Name</b>	<b>Time</b>	<b>Pace</b>
1	Owen Ouelette	24:26	4:53/K
2	Frances Diggins	24:41	4:56/K
3	Tineke Sjoukje	26:01	5:12/K
4	Judy Tomkins	26:49	5:22/K
5	Bonnie Grace	27:34	5:31/K
6	Wanda Steeper	27:34	5:31/K
7	Laurel MacKay	27:34	5:31/K
8	Julie Wiseman	27:34	5:31/K
9	Kathy Willemse	28:10	5:38/K
10	Peter Sjouke	28:10	5:38/K
11	Barb Rosser	29:24	5:53/K
12	Dylan Schweitzer	30:23	6:05/K
13	Natalie Rublik	31:51	6:22/K
14	Janet Roelands	32:45	6:33/K
15	Mairead O'Rourke	34:17	6:51/K
16	Halee McCann	34:17	6:51/K
17	Mandy Davis	37:17	7:27/K
18	Jackie Davis	37:17	7:27/K