

MEC London Race #5**Overall Finish List****November 15, 2014**

5K Road					
Place	Name	Gender	Bib No	Time	Pace
1	Ryan Foott	M	54460	15:56	3:11/K
2	Ben Sniger-McGrath	M	54456	17:24	3:29/K
3	Tyrone Traher	M	19549	17:46	3:33/K
4	Erich Mundt	M	54455	18:05	3:37/K
5	Chris Phillips	M	54450	18:07	3:37/K
6	Albano Castanha	M	54457	18:10	3:38/K
7	Michael Barrant	M	54452	18:35	3:43/K
8	Jordan Deboer	M	50379	19:29	3:54/K
9	Dylan Walton	M	54442	20:12	4:02/K
10	Tyler Riehl	M	19550	20:20	4:04/K
11	Teresa Novick	F	50395	20:27	4:05/K
12	Emily Parsons	F	50397	20:45	4:09/K
13	Kyrstin Walley	F	54451	20:46	4:09/K
14	Mike Hess	M	50386	21:07	4:13/K
15	David Higgs	M	50387	22:15	4:27/K
16	Vincent Chung	M	54462	22:47	4:33/K
17	Katelyn Norton	F	50394	23:34	4:43/K
18	Lindsay Shipman	F	50400	23:53	4:47/K
19	Erick Potvin	M	50399	24:31	4:54/K
20	James Balasch	M	50375	25:06	5:01/K
21	Shealyn McLaughlin	F	50392	25:56	5:11/K
22	Michael Lee	M	50389	26:08	5:14/K
23	John Weiler	M	54443	29:35	5:55/K
24	Kyle Tiessen	M	54441	30:27	6:05/K
25	Laura Davidson	F	54447	30:29	6:06/K
26	Barbara Lozano-Galea	F	54458	30:38	6:08/K
27	Jen Weare	F	54459	30:47	6:09/K
28	Samantha Lynes	F	50391	31:12	6:14/K
29	Sarah Hargraves	F	50384	32:08	6:26/K
30	Kate Thompson	F	54440	32:08	6:26/K
31	Emily Brohman	F	50377	32:47	6:33/K
32	Ivan Lee	M	50390	33:25	6:41/K
33	Alice Brohman	F	50378	34:05	6:49/K
34	Patti Bowen	F	54446	34:13	6:51/K
35	Brittany Tiseo	F	54453	34:32	6:54/K
36	Amber Easter	F	54454	34:32	6:54/K
37	Kathy Gosnell	F	50383	35:55	7:11/K
38	Paul Novick	M	50396	36:22	7:16/K
39	Melanie Ebert	F	54448	36:36	7:19/K
40	Dave Jackson	M	50388	42:16	8:27/K

41	Sarah Heinbuck	F	50385	44:12	8:50/K
42	Shannon Moyer-Szemenyei	F	50393	47:58	9:36/K
10K Road					
Place	Name	Gender	Bib No	Time	Pace
1	Lubos Pavlik	M	19546	37:17	3:44/K
2	Garret Conquer-Van Heumen	M	19600	43:37	4:22/K
3	David Forneri	M	19515	44:15	4:26/K
4	Bryan Lucier	M	19523	44:35	4:28/K
5	Anna Fiorito	F	19514	47:49	4:47/K
6	Bryan Carey	M	19505	48:38	4:52/K
7	Dominique Potvin	F	19530	49:31	4:57/K
8	Stephanie Cardill	F	19504	50:45	5:05/K
9	Carollyn Currie	F	19508	51:53	5:11/K
10	Nancy Figueroa	F	19513	52:02	5:12/K
11	Adam Oke	M	19522	52:08	5:13/K
12	Adam Blacklock	M	19547	54:49	5:29/K
13	Eric Perreault	M	19528	56:04	5:36/K
14	Kristina Van Hees	F	19540	56:04	5:36/K
15	Chelsea Vergeer	F	19541	56:24	5:38/K
16	Manjunatha Krishnappa	M	19518	57:10	5:43/K
17	Lucy Turnbull	F	19539	57:44	5:46/K
18	Melissa Lassaline	F	19520	58:23	5:50/K
19	Greg Stephenson	M	19536	58:24	5:50/K
20	Kevin Forneri	M	19545	58:40	5:52/K
21	Kristen Reilly	F	19532	58:47	5:53/K
22	Ken Strong	M	19537	59:45	5:59/K
23	Carolyn Brandow	F	19503	59:45	5:59/K
24	Vivekanand Kurdikeri	M	19519	1:00:00	6:00/K
25	Mary Anne McCoy	F	19524	1:00:28	6:03/K
26	Colleen Eckert-Denver	F	19511	1:01:27	6:09/K
27	Suzanne Conquer	F	19506	1:01:41	6:10/K
28	Steve Lavender	M	19521	1:01:41	6:10/K
29	Hithesh Podanolana Nara	M	19529	1:03:16	6:20/K
30	Sharan Savadattimath	M	19534	1:05:09	6:31/K
31	Allison Schmidt	F	19535	1:07:49	6:47/K
32	Cheryl Davis	F	19510	1:07:50	6:47/K
33	Laurel Davis	F	19509	1:07:59	6:48/K
34	Jodie Olver	F	19526	1:14:06	7:25/K
5K Trail					
Place	Name	Gender	Bib No	Time	Pace
1	Ian Hillis	M	46719	21:14	4:15/K
2	Kristine Lemieux	F	46718	25:12	5:02/K
3	Jill Makins	F	46724	25:33	5:07/K
4	Sandra Hennessy	F	46795	29:03	5:49/K

5	Jasmine Lather	F	46706	29:04	5:49/K
6	Mahnaz Beiraghdar	F	46701	29:06	5:49/K
7	Chad Colley	M	46797	29:33	5:55/K
8	Julie Hillis	F	46727	29:56	5:59/K
9	Katie Swallowell	F	46726	29:56	5:59/K
10	Maggie McCormack	F	46793	30:09	6:02/K
11	Nate McCormack	M	46794	30:49	6:10/K
12	Emma Fenton	F	46712	31:04	6:13/K
13	Sue Morrison	F	46714	31:19	6:16/K
14	Sara Middleton	F	46708	32:08	6:26/K
15	Sarag Mann	F	46707	32:34	6:31/K
16	Christina Hahn	F	46703	33:08	6:38/K
17	Ida De Bruin	F	46728	34:12	6:50/K
18	Sara Slee	F	4670	34:13	6:51/K
19	Michele Smith	F	46711	35:20	7:04/K
20	Addison Smith	F	46710	35:20	7:04/K
21	Madeline Morrison	F	46715	38:05	7:37/K
22	Sean Morrison	M	46716	38:15	7:39/K
23	Christine Guptill	F	46720	38:20	7:40/K
24	Jen Hambleton	F	46704	42:19	8:28/K
25	Alison Roussel	F	46709	42:59	8:36/K
26	Becky Kester	F	46705	54:34	10:55/K

10K Trail

Place	Name	Gender	Bib No	Time	Pace
1	Braeden Bertrand-Hopper	M	46717	39:11	3:55/K
2	Ian O'Donell	M	46725	42:37	4:16/K
3	Alex Kelly	M	4668	44:19	4:26/K
4	Robert Slee	M	4638	49:50	4:59/K
5	Nicole Vergeer	F	19548	53:55	5:24/K
6	Kelly Tarkowski	F	46713	1:00:14	6:01/K
7	Lisa Barraco	F	4673	1:05:53	6:35/K
8	Tyler Nixon	M	4674	1:05:54	6:35/K