

**MEC London Race 3**  
**Overall Finish List**  
**May 11, 2014**

**5K**

<b>Place</b>	<b>Name</b>	<b>City</b>	<b>Bib No</b>	<b>Gender</b>	<b>Time</b>	<b>Pace</b>
1	Patrick Deane		10367	M	17:10	3:26/K
2	Travis Mann	St Marys	10368	M	17:56	3:35/K
3	Jeremy Groves		10325	M	18:28	3:42/K
4	Albano Castanha	London	10315	M	18:43	3:45/K
5	Tyrone Traher		10371	M	18:43	3:45/K
6	Mike Reaume		10364	M	19:46	3:57/K
7	Eric Klassen	London	10360	M	19:51	3:58/K
8	Matthew Hessel		10326	M	20:40	4:08/K
9	Steve Baarda	London	10312	M	20:58	4:12/K
10	Kemuel Chapman		10316	M	22:30	4:30/K
11	Ashley Holliday	St. Marys	50314	F	22:53	4:35/K
12	Skye Tsotras	London	10351	F	23:47	4:45/K
13	Michael Pham		10343	M	25:15	5:03/K
14	Jeff Knox		10329	M	25:35	5:07/K
15	Tracy Knox		10328	F	25:48	5:10/K
16	James Peacock		10339	M	26:23	5:17/K
17	Shelby Warden		10354	F	26:24	5:17/K
18	Katie Davies	Thamesford	10317	F	26:51	5:22/K
19	Marco Sijben	Glencoe	10375	M	27:38	5:32/K
20	Tara Phipps	London	10344	F	27:40	5:32/K
21	Nicole Baarda	London	10311	F	27:46	5:33/K
22	Diana C Savage		10348	F	28:51	5:46/K
23	Greta Downing		10320	F	28:55	5:47/K
24	Mary Case		10366	F	28:58	5:48/K
25	Janis Rivard		10347	F	29:16	5:51/K
26	Amanda Lamers	Ingersoll	10330	F	29:50	5:58/K
27	Julie Gray		10324	F	29:50	5:58/K
28	Barbara Lozano-Galea		10372	F	29:58	6:00/K
29	Sjdah Sijben		10376	F	30:17	6:03/K
30	Cynthia Nettleton	London	10337	F	30:31	6:06/K
31	Christina Muxlow		10336	F	30:32	6:06/K
32	Adela Ifabumuyi		10357	F	30:36	6:07/K
33	Ysabelle Rail		10346	F	30:46	6:09/K
34	Sylvie Rail		10345	F	30:49	6:10/K
35	Anja Syben		10374	F	30:51	6:10/K
36	Kelly Swanson		10349	F	30:54	6:11/K
37	Susan Deane		10318	F	31:33	6:19/K
38	Esther Vanderhyden		10359	F	32:30	6:30/K
39	Christine Pertschy		10340	F	32:42	6:32/K
40	Christine Sijben	Glencoe	10373	F	32:58	6:36/K
41	Lyndi Deschenes		10319	F	33:08	6:38/K
42	Mark Briand		10314	M	33:12	6:38/K
43	Jonathan Eastman		10321	M	33:14	6:39/K
44	Lisa Baldock		10313	F	33:26	6:41/K
45	Jiajia Zhu		10356	F	33:42	6:44/K
46	Keisha Daniel		10361	F	33:47	6:45/K

47	Parker Huitema		10378	M	33:50	6:46/K
48	Kristen Huitema	Ingersoll	10377	F	33:53	6:47/K
49	Danielle Pertschy		10341	F	34:20	6:52/K
50	Melissa Pertschy		10342	F	34:20	6:52/K
51	Jennifer Eastman		10322	F	36:10	7:14/K
52	Hollie White		10369	F	37:15	7:27/K
53	Mary Forrest		10323	F	38:16	7:39/K
54	Paul Reaume		10365	M	42:47	8:33/K
55	Elizabeth Rivard		10363	F	45:25	9:05/K
56	Tanya Rivard		10362	F	45:26	9:05/K
57	Kim McLeod	Parkhill	10334	F	48:13	9:39/K
58	Earl McLeod		10335	M	48:13	9:39/K

### 10K

Place	Name	City	Bib No	Gender	Time	Pace
1	David Gostick	London	50357	M	39:12	3:55/K
2	Scott Breen	Tillsonburg	50304	M	40:20	4:02/K
3	Bethany McChesney		50331	F	40:58	4:06/K
4	Mike Boulet		50340	M	42:29	4:15/K
5	Nissim Abergel		50338	F	43:37	4:22/K
6	Abe Oudshoorn	London	50323	M	44:15	4:26/K
7	Mike Hess	Wallaceburg	50312	M	46:59	4:42/K
8	Sandra Whitford	Ingersoll	50334	F	48:19	4:50/K
9	Ashley Petrie	Ingersoll	50325	F	51:07	5:07/K
10	Susie Azevedo		50303	F	52:05	5:13/K
11	Adam Oke		50322	M	53:37	5:22/K
12	Alexandra Rail		50328	F	57:32	5:45/K
13	Dale Cousins		50305	M	57:38	5:46/K
14	David Cousins		50307	M	58:02	5:48/K
15	Andre Rail		50327	M	58:27	5:51/K
16	Participant 50333		50333	M	59:07	5:55/K
17	Participant 50337		50337	F	59:51	5:59/K
18	Adam Tudor		50336	M	59:59	6:00/K
19	Laura McLeod		50335	F	59:59	6:00/K
20	Sarah Mann	St Thomas	50317	F	1:01:40	6:10/K
21	Tammy Robins-Gaynor		50332	F	1:02:27	6:15/K
22	Lucy Hinton	London	50313	F	1:04:20	6:26/K
23	Patti McCahill	Sarnia	50319	F	1:04:47	6:29/K
24	Martha Zacharias		50330	F	1:05:30	6:33/K
25	Julie Cousins		50306	F	1:05:51	6:35/K
26	Lori-Ann Morris		50321	F	1:06:02	6:36/K
27	Pam Moore		50320	F	1:07:43	6:46/K
28	Lily Salter		50329	F	1:12:50	7:17/K
29	Kelly Craig		50309	F	1:12:51	7:17/K
30	Sara Craig		50308	F	1:13:00	7:18/K
31	Faith Dunham	London	50339	F	1:16:14	7:37/K
32	Marcia Pearse		50324	F	1:17:03	7:42/K
33	Susan Kurzbock	London	50315	F	1:17:03	7:42/K
34	Janiesa Martin		50318	F	1:28:29	8:51/K

### 15K

Place	Name	City	Bib No	Gender	Time	Pace
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1	Andrew Jones	London	4649	M	54:45	3:39/K
2	Kevin Farr		4644	M	54:59	3:40/K
3	Mike Cooke	London	4643	M	1:04:59	4:20/K
4	Richard Young	London	4661	M	1:09:27	4:38/K
5	John Brennan		4676	M	1:09:54	4:40/K
6	Josh Hearn		4647	M	1:12:59	4:52/K
7	Mike Dunham	London	4679	M	1:14:23	4:58/K
8	Annie Hinton	Strathroy	4648	F	1:15:02	5:00/K
9	Rick Graham		4646	M	1:15:30	5:02/K
10	Anna Fiorito		4645	F	1:15:45	5:03/K
11	Rob Gaynor		4658	M	1:17:04	5:08/K
12	Jahiro Quiros		4675	M	1:21:29	5:26/K
13	Robert Muir		4652	M	1:23:38	5:35/K
14	Martha Wilson	London	4657	F	1:23:38	5:35/K
15	Kathy Williams		4680	F	1:23:38	5:35/K
16	Angie Muir-Hughes	Stratford	4653	F	1:25:29	5:42/K
17	Courtney Bari	Tillsonburg	4641	F	1:28:17	5:53/K
18	Cheryl Scollard	London	4660	F	1:29:07	5:56/K
19	Donna Kraft	London	4650	F	1:30:13	6:01/K
20	Paul Sandor		4654	M	1:30:53	6:04/K
21	Kevin McPhail		4651	M	1:33:07	6:12/K
22	Peter Sandor		4655	M	1:34:58	6:20/K
23	Melissa Jones		4678	F	1:40:25	6:42/K
24	Participant 4677		4677	M	1:40:26	6:42/K
25	Colleen Sweeney		4656	F	1:42:32	6:50/K
26	Sue Cooke	London	4642	F	1:44:57	7:00/K

### 6K Trail

Place	Name	City	Bib No	Gender	Time	Pace
1	Shane Van Rensen	London	4624	M	25:31	4:15/K
2	Todd Cameron		4606	M	27:04	4:31/K
3	Mark Fenton	London	4609	M	27:18	4:33/K
4	Gregg Blackler	St. Marys	4605	M	28:50	4:48/K
5	Richard Bird	London	4604	M	29:48	4:58/K
6	Victoria Clarke		4663	F	30:01	5:00/K
7	Eric Desjardins	London	4627	M	30:58	5:10/K
8	Nathan Desjardin		4628	M	31:01	5:10/K
9	Nate McCormack	London	4636	M	31:22	5:14/K
10	Emma Fenton	London	4608	F	31:51	5:19/K
11	Tim Tallack	London	4623	M	32:04	5:21/K
12	Chuck Edwards	London	4607	M	32:05	5:21/K
13	Rachel Berdan	London	4666	F	32:15	5:23/K
14	Chrystal Nicholas		4616	F	33:45	5:38/K
15	Vanessa Kinsley		4611	F	34:12	5:42/K
16	Denise Ritchie	London	4662	F	34:24	5:44/K
17	Jean Paul Mouton	London	4640	M	34:28	5:45/K
18	Megan Ross		4630	F	34:29	5:45/K
19	Brandi Bracewell		4626	F	34:34	5:46/K
20	Jason Perkins		4618	M	34:37	5:46/K
21	Cheryl Madliges		4639	F	35:00	5:50/K
22	Mellissa Soilleux		4631	F	36:41	6:07/K
23	Isha Desjardins		4633	F	36:52	6:09/K

24	Karine Beaudoin	London	4625	F	36:57	6:10/K
25	Diane Perkins		4617	M	37:11	6:12/K
26	Charlene Pratt		4637	F	37:18	6:13/K
27	Jenn Trampleasure		4665	F	37:20	6:13/K
28	Lisa Ellington		4629	F	38:13	6:22/K
29	Jane Upfold	London	4632	F	38:31	6:25/K
30	Sara Middleton	London	4613	F	38:50	6:28/K
31	Michelle Vacheresse		4635	F	39:06	6:31/K
32	Nancy Stevens	Harrow	4622	F	39:16	6:33/K
33	Brandon Nicholas		4615	M	40:04	6:41/K
34	Caleb Postma		4619	M	40:51	6:49/K
35	Josephine Postma	London	4621	F	40:52	6:49/K
36	Chris Postma	London	4620	M	40:53	6:49/K
37	Sheila Berdan	London	4603	F	42:50	7:08/K
38	Lorraine Fisher		4610	F	44:57	7:30/K
39	Shawn McBride		4664	M	48:54	8:09/K
40	Jocelyne Beneteau	Strathroy	4602	F	57:27	9:35/K
41	Lori Beneteau	Strathroy	4601	F	57:40	9:37/K