

Peace of Mind, London, ON
Overall Finish List
October 06, 2019

5K Run						
Place	Name	Bib No	Gender	Age	Time	Pace
1	Sebastian Deagle	106	M	20	18:38	3:44/K
2	Jordan Edwards	71	M	27	20:16	4:03/K
3	Emerson Deagle	107	M	15	21:15	4:15/K
4	Zane Eastabrook	169	M	36	22:52	4:34/K
5	Jenny Donnelly-Vander	51	F	24	23:16	4:39/K
6	J.B. Orange	142	M	63	23:16	4:39/K
7	James Ross	104	M	43	24:07	4:49/K
8	James Ellement	105	M	19	25:06	5:01/K
9	Scott Brown	163	M	48	25:29	5:06/K
10	Jesse Parker	72	M	33	25:37	5:07/K
11	Rebecca Rodrigues	63	F	36	25:47	5:09/K
12	Jeannine Wright	21	F	48	25:54	5:11/K
13	Karen Davis	62	F	46	25:54	5:11/K
14	Mark Chorostecki	108	M	23	26:08	5:14/K
15	Angela Decandido	177	F	39	26:37	5:19/K
16	Janine Przysiezny	120	F	47	26:54	5:23/K
17	Simon Steele	139	M	47	26:56	5:23/K
18	Lindsay Ensing	125	F	25	26:57	5:23/K
19	Natasha Daniloff	168	F	46	27:01	5:24/K
20	Glenda Kobe	123	F	38	27:15	5:27/K
21	Saverio Stranges	6	M	47	27:19	5:28/K
22	Karol Chorostecki	140	M	31	27:21	5:28/K
23	Jaymin Proulx	166	F	39	27:35	5:31/K
24	Meaghan Stoltz	103	F	23	28:15	5:39/K
25	Hilary Johnson	176	F	22	28:25	5:41/K
26	Shannon Vostra	187	F	33	28:28	5:42/K
27	Heather Haanstra	186	F	30	28:29	5:42/K
28	Jon Donnelly-Vander	172	M	26	29:19	5:52/K
29	Heather MacEachern-Tara	170	F	39	29:21	5:52/K
30	Mary Donnelly-Vander	53	F	58	29:23	5:53/K
31	Nathan Dowhaniuk	147	M	14	29:42	5:56/K
32	Kate Morton	134	F	31	29:42	5:56/K
33	Madison Hiemstra	165	F	22	29:49	5:58/K
34	Kristine Brown	162	F	45	29:51	5:58/K
35	Stephanie Taylor	129	F	26	30:37	6:07/K
36	Bill Dowhaniuk	146	M	53	30:45	6:09/K
37	Andrea Neufeld	138	F	31	31:03	6:13/K
38	Cathy Foster	126	F	59	31:35	6:19/K
39	Jim Leedham	69	M	31	32:27	6:29/K
40	Ethyn Elliott	141	M	21	32:47	6:33/K
41	Victoria Ryan	124	F	20	32:47	6:33/K
42	Carmen Wat	101	F	31	33:03	6:37/K
43	Janice Donnelly-Vander	52	F	22	33:18	6:40/K
44	Heather Kondall	171	F	27	33:28	6:42/K

45	Lee-Ann Davis	121	F	55	35:34	7:07/K
46	Ella Petrus	133	F	11	35:56	7:11/K
47	Mike Petrus	145	M	40	35:57	7:11/K
48	Tara Petrus	132	F	38	36:00	7:12/K
49	Kayla Jahans	102	F	23	37:14	7:27/K
50	Pamela Fradgley	135	F	54	40:31	8:06/K
51	Cheryl Verhoeven	127	F	59	44:33	8:55/K
52	Janani Sathiaselan	167	F	21	45:57	9:11/K
53	Martha Merzib	130	F	22	55:51	11:10/K
54	Eric Mortson	144	M	42	1:05:50	13:10/K
5K Walk						
Place	Name	Bib No	Gender	Age	Time	Pace
1	Kim Khong	74	F	23	30:02	6:00/K
2	Tesa Bulanda	79	F	25	32:46	6:33/K
3	Chandee Dickey	174	F	58	43:22	8:40/K
4	Susanne Kilmer	92	F	57	43:34	8:43/K
5	Larry Panych	173	M	69	43:42	8:44/K
6	Maureen Meehan	110	F	59	47:31	9:30/K
7	Elgin Austen	175	M	79	48:38	9:44/K
8	April Pettit	148	F	27	49:09	9:50/K
9	Sierra Anderson	90	F	27	49:10	9:50/K
10	Nadia Amadio	150	F	61	52:01	10:24/K
11	Grace Navarro	149	F	67	53:31	10:42/K
12	Michael Thomson	184	M	34	54:04	10:49/K
13	Paddy Thomson	183	F	36	54:08	10:50/K
14	Darlene Krecetas	154	F	53	54:10	10:50/K
15	Jessica Gillis	181	F	27	54:11	10:50/K
16	Louise Gillis	180	F	58	54:12	10:50/K
17	Laisa Gillis	182	F	31	55:00	11:00/K
18	Nica Gillis	179	M	59	55:01	11:00/K
19	Nic Teamen	178	M	26	55:02	11:00/K
20	Ralph Citro	188	M	53	55:07	11:01/K
21	Amanda Umbelina	157	F	31	59:24	11:53/K
22	Toni Grabowski	78	F	32	1:00:30	12:06/K
23	Vicky Hankali	76	F	36	1:00:31	12:06/K
24	Eric Bachmeier	50	M	24	1:01:34	12:19/K
25	Nadia Manicom	49	F	49	1:01:34	12:19/K
26	Alyssa Manicom	48	F	23	1:01:35	12:19/K
27	Glynis Buck	89	F	49	1:02:56	12:35/K
28	Terra Milmine	156	F	24	1:02:57	12:35/K
29	Claire Mortson	46	F	9	1:03:15	12:39/K
30	Hannah Mortson	47	F	6	1:03:17	12:39/K
31	Kelly Anderson	83	F	28	1:03:21	12:40/K
32	Corrina Milmine	91	F	47	1:04:01	12:48/K
33	Deb Ellery	82	F	48	1:04:02	12:48/K
34	Pam Roe	151	F	60	1:04:27	12:53/K
35	Brad Sutherland	158	M	55	1:04:54	12:59/K
36	Aziz Haque	95	M	37	1:04:54	12:59/K
37	Christy Juett	81	F	42	1:05:31	13:06/K

38	Samantha Taylor	84	F	39	1:08:18	13:40/K
39	Matt Nicholson	96	M	37	1:08:18	13:40/K
40	Mary Nicholson	80	F	62	1:12:26	14:29/K
41	Philomena Patrao	115	F	75	1:12:26	14:29/K
42	Roxanne Gianelli	114	F	41	1:12:26	14:29/K
43	Extra Nicholson	97	M	30	1:12:28	14:30/K
44	Jordan Sutherland	159	M	34	1:16:48	15:22/K
45	Lynette Woodward	153	F	40	1:16:48	15:22/K
46	Brittany Tiseo	113	F	28	1:23:32	16:42/K
47	Shannon Pillsworth	119	F	26	1:23:33	16:43/K
48	Shelby Fitzmorris	116	F	26	1:23:36	16:43/K
49	Jocelyne Fraumeni	155	F	57	1:23:58	16:48/K
50	Mike Fraumeni	161	M	63	1:23:58	16:48/K
51	Bonnie Sutherland	152	F	55	1:27:30	17:30/K
52	Amy Hansen	112	F	44	1:27:30	17:30/K
53	Fatima Harris	87	F	44	1:27:31	17:30/K
54	Mitch Sutherland	160	M	29	1:27:33	17:31/K
55	Christine Bere	85	F	24	1:27:33	17:31/K
56	Sarah Kashif	86	F	25	1:27:34	17:31/K
10K						
Place	Name	Bib No	Gender	Age	Time	Pace
1	Mark Watling	22	M	50	38:57	3:54/K
2	Simon Benoit	7	M	33	43:57	4:24/K
3	Jenny Thornton	13	F	28	44:02	4:24/K
4	Matthew Hebb	25	M	48	48:58	4:54/K
5	Michael Pasch	17	M	43	49:35	4:58/K
6	Katie Ford	1	F	30	49:36	4:58/K
7	Sharon Buck	12	F	53	50:05	5:01/K
8	Peter Ellement	14	M	55	50:06	5:01/K
9	Paul Ellement	15	M	16	50:37	5:04/K
10	Grace Lounsbury	2	F	21	52:52	5:17/K
11	Alex Schadenberg	18	M	51	52:59	5:18/K
12	Michelle Parsons	8	F	25	53:29	5:21/K
13	Jessi-Rae Schroeder	10	F	23	56:18	5:38/K
14	Letisha Patterson	11	F	39	58:02	5:48/K
15	Eugene Wong	24	M	53	59:12	5:55/K
16	James Jones	5	M	70	59:41	5:58/K
17	Christine Booker	19	F	43	1:00:17	6:02/K